O'CONNELL MICHAEL

Form 4

Common

\$0.05 par

Stock,

December 05, 2016

Check thi if no long subject to Section 1 Form 4 o Form 5 obligation may cont See Instru 1(b).	ss box ger STATEM 6. r Filed pure sinue. action	WATENT OF CHA Suant to Section a) of the Public 1	RITIES AND EX ashington, D.C. 20 NGES IN BENEF SECURITIES 16(a) of the Securi Utility Holding Con Investment Compan	TICIAL OV ties Exchan	VNERSHIP OF ge Act of 1934, of 1935 or Section	OMB Number: Expires: Estimated burden hor response	urs per		
1. Name and A Vizi Bradley	ddress of Reporting l	Symbol	TECHNOLOGIES		5. Relationship of Issuer (Che	of Reporting Pe			
(Last) 9401 WILSI SUITE 705,	(First) (M	(Month	of Earliest Transaction /Day/Year) 2016		_X_ Director Officer (giv below)	Officer (give title Other (specify			
(Street) 4. If Amendment, Date Original Filed(Month/Day/Year) 6. Individual or Joint/Gr Applicable Line) —— Form filed by One Rep ——X_ Form filed by More th Person					One Reporting P	erson			
(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		Code Dispose	(A) or cd (A) or cd of (D) (A) (A) or	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
Common Stock, \$0.05 par value (1) Common Stock, \$0.05 par	12/01/2016		A 6,289	A \$0 (5)	17,289 22,000	D (4)			
\$0.05 par value (1)					22,000	D (4)			

See

footnotes (2) (4)

2,055,065

I

value (1)

Common			Saa
Stock,	266 074	т	See
\$0.05 par	266,074	1	footnotes (3) (4)
value (1)			(3) (4)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Title Amou Under Securi (Instr.	nt of lying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owno Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address		Relationships					
Reporting Owner Funder, Funders	Director	10% Owner	Officer	Other			
Vizi Bradley 9401 WILSHIRE BOULEVARD, SUITE 705 BEVERLY HILLS, CA 90212	X	X					
IRS Partners No. 19, L.P. 515 S. FIGUEROA STREET SUITE 1050 LOS ANGELES, CA 90071		X					
M2O, Inc. 515 S. FIGUEROA STREET SUITE 1050 LOS ANGELES, CA 90071		X					
O'CONNELL MICHAEL 515 S. FIGUEROA STREET		X					

Reporting Owners 2

SUITE 1050

LOS ANGELES, CA 90071

Leonetti/O'Connell Family Foundation

515 S. FIGUEROA STREET

SUITE 1050

LOS ANGELES, CA 90071

Michael F. O'Connell & Margo L. O'Connell Revocable Trust

515 S. FIGUEROA STREET

X **SUITE 1050**

LOS ANGELES, CA 90071

Legion Partners Asset Management, LLC

9401 WILSHIRE BOULEVARD, SUITE 705

BEVERLY HILLS, CA 90212

Kiper Christopher S

9401 WILSHIRE BOULEVARD, SUITE 705

BEVERLY HILLS, CA 90212

Signatures

IRS PARTNERS NO. 19, L.P.; By: M2O, Inc., its General Partner; By: /s/Bradley Vizi as	12/05/2016
Attorney-in-Fact for Michael O'Connell, Chief Executive Officer	12/03/2010

**Signature of Reporting Person Date

X

X

X

12/05/2016 /s/ Bradley Vizi

> **Signature of Reporting Person Date

M2O, INC.; By: /s/ Bradley Vizi as Attorney-in-Fact for Michael O'Connell, Chief Executive 12/05/2016 Officer

> **Signature of Reporting Person Date

The Leonetti/O'Connell Family Foundation; By: /s/ Bradley Vizi as Attorney-in-Fact for 12/05/2016 Michael O'Connell, Secretary, Chief Financial Officer and Director

> **Signature of Reporting Person Date

> > Date

Date

Date

The Michael F. O'Connell and Margo L. O'Connell Revocable Trust; By: /s/Bradley Vizi as 12/05/2016 Attorney-in-Fact for Michael O'Connell, Trustee

**Signature of Reporting Person

Legion Partners Asset Management, LLC; By /s/ Bradley Vizi, Managing Director 12/05/2016

**Signature of Reporting Person

/s/Bradley Vizi as Attorney-in-Fact for Michael O'Connell 12/05/2016

> **Signature of Reporting Person Date

12/05/2016 /s/ Christopher Kiper

**Signature of Reporting Person

Explanation of Responses:

If the form is filed by more than one reporting person, see Instruction 4(b)(v).

Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1)

Signatures 3

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This Form 4 is being filed jointly by the reporting persons identified herein (each a "Reporting Person" and collectively, the "Reporting Persons"). Each Reporting Person may be deemed to be a member of a Section 13(d) group that owns more than 10% of the Issuer's outstanding shares of Common Stock. Each Reporting Person disclaims beneficial ownership of the shares of Common Stock reported herein except to the extent of his or its pecuniary interest therein, and this report shall not be deemed to be an admission that any Reporting Person is the beneficial owner of such shares of Common Stock for purposes of Section 16 or for any other purpose.

- IRS Partners No. 19, L.P., a Delaware limited partnership ("IRS 19"), directly owns these shares of common stock ("Common Stock") of RCM Technologies, Inc. (the "Issuer"). M2O, Inc., a California corporation ("M2O"), is the general partner of IRS 19. The Michael F.
- (2) O'Connell and Margo L. O'Connell Revocable Trust (the "Trust") is the sole voting shareholder of M2O and Michael O'Connell, an individual, controls all investment decisions with respect to the Trust. IRS 19, M2O, the Trust and Mr. O'Connell may therefore be deemed to have shared voting and dispositive power over the Common Stock owned by IRS 19.
 - The Leonetti/O'Connell Family Foundation, a Delaware non-profit corporation (the "Foundation"), directly owns these shares. The investment decisions of the Foundation are controlled by Mr. O'Connell (Mr. O'Connell, collectively with IRS 19, the Foundation, M2O and the Trust, the "O'Connell Entities") and by virtue of such relationship, the Foundation and Mr. O'Connell may be deemed to have
- (3) shared voting and dispositive power over the Common Stock owned by the Foundation. IRS 19, M2O and the Trust disclaim beneficial ownership of the Common Stock of the Issuer owned by the Foundation except to the extent of their pecuniary interest therein. The Foundation disclaims beneficial ownership of the shares of Common Stock of the Issuer owned by IRS 19 except to the extent of its pecuniary interest therein.
 - IRS 19 and the Foundation have each entered into an investment advisory agreement with Legion Partners Asset Management, LLC, a Delaware limited liability company ("Legion Partners"), pursuant to which Christopher Kiper ("Mr. Kiper") and Bradley Vizi ("Mr. Vizi") on behalf of Legion Partners, exclusively manage IRS 19's and the Foundation's investment in the Issuer and have certain
- discretion with respect to purchase and sales of Common Stock of the Issuer. As a result, Legion Partners, Mr. Kiper and Mr. Vizi may be deemed to have shared dispositive power with respect to the shares held by IRS 19 and the Foundation. Legion Partners, Mr. Kiper and Mr. Vizi each disclaims beneficial ownership of shares of Common Stock of the Issuer owned by each other except to the extent of his or its pecuniary interest therein. Mr. Kiper directly owns 22,000 shares of Common Stock of the Issuer and Mr. Vizi directly owns 11,000 shares of Common Stock of the Issuer and 6,289 RSUs (defined below).
- (5) Granted in the form of restricted stock units (RSUs) as compensation for service on the Board of Directors. The RSUs will vest on December 1, 2017.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.