SpartanNash Co

Form 3

August 29, 20	16								
				RITIES AND EXCHANGE COMMISSION			OMB APPROVAL		
	Ŭ		Washington, D.C. 20549				OMB Number:	3235-0104	
		INITIAL S	STATEMENT OF BE	ENEFICIAL	OWNERSH	IIP OF	Expires:	January 31,	
					SECURITIES			Estimated average burden hours per	
		on 17(a) of	t to Section 16(a) of th f the Public Utility Hole 80(h) of the Investment	ding Compan	y Act of 193		response	•	
(Print or Type Ro	esponses)								
1. Name and Address of Reporting Person <u>*</u> Hurley Tammy R.			2. Date of Event Requirir Statement (Month/Day/Year)		3. Issuer Name and Ticker or Trading Syn SpartanNash Co [SPTN]				
(Last)	(First)	(Middle)	08/24/2016		lationship of Reporting on(s) to Issuer		5. If Amendment, Date Original Filed(Month/Day/Year)		
850 76TH STREET SW, PO BOX 8700				(Check all applicable)					
GRAND RA	(Street) PIDS, N	MIÂ 49518				r Filin ow) _X_1 ficer Perso F	Form filed by Mo	ble Line) e Reporting	
(City)	(State)	(Zip)	Table I -	- Non-Deriva	tive Securiti	ŕ	rting Person	1	
1.Title of Securi (Instr. 4)	ity			t of Securities	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)		f Indirect Benef		
Common Stock			11,133		D	Â			
Reminder: Repo owned directly o			each class of securities benef	ficially	SEC 1473 (7-02	2)			
	Perso infor requi	ons who res mation cont ired to respo	spond to the collection of tained in this form are n ond unless the form dis MB control number.	not					

Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)	Securities Underlying	4. Conversion	5. Ownership	6. Nature of Indirect Beneficial Ownership
	(Month/Day/Year)	Derivative Security	or Exercise	Form of	(Instr. 5)
		(Instr. 4)	Price of	Derivative	
		Title	Derivative Security	Security: Direct (D)	

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	Date Exercisable	Expiration Date		Amount or Number of Shares		or Indirect (I) (Instr. 5)	
Phantom Stock	(1)	(1)	Common Stock	45.593	\$ <u>(1)</u>	D	Â

Reporting Owners

Reporting Owner Name / Address	Relationships						
reporting of the runner runner	Director	10% Owner	Officer	Other			
Hurley Tammy R. 850 76TH STREET SW PO BOX 8700 GRAND RAPIDS, MI 49518	Â	Â	V.P. Chief Accounting Officer	Â			
Signatures							
/s/ Daniel C. Persinger, By Power Attorney	of	08/	29/2016				
**Signature of Reporting Person			Date				
Evalenction of Dec							

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Represents phantom stock issued pursuant to the SpartanNash Company Supplemental Executive Retirement Plan ("Plan"). Shares of

(1) phantom stock are issued on a one-for-one basis and are payable in cash following termination of employment in accordance with the Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.