UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): July 21, 2004

SPARTAN STORES, INC.

(Exact name of registrant as specified in its charter)

Michigan	000-31127	38-0593940
(State or other jurisdiction	(Commission	(IRS Employer
of incorporation)	File Number)	Identification no.)

850 76th Street, S.W.
P.O. Box 8700
Grand Rapids, Michigan
(Address of principal executive offices)

49518-8700 (Zip Code)

Registrant's telephone number, including area code: (616) 878-2000

Item 7. Financial Statements, Pro Forma Financial Information, and Exhibits.

Exhibits: The following document is attached as an exhibit to this report on Form 8-K:

99.1

Press Release dated July 21, 2004

Item 12. Results of Operations and Financial Condition.

On July 21, 2004, Spartan Stores, Inc. issued the press release attached to this Form 8-K as Exhibit 99.1 concerning its financial results for the quarter ended June 19, 2004. This report is furnished and is not considered "filed" with the Securities and Exchange Commission or otherwise incorporated by reference into any registration statement under the Securities Act of 1933.

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

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Date: July 21, 2004 SPARTAN STORES, INC.

By /s/ David M. Staples

David M. Staples

Executive Vice President and Chief Financial

Officer

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EXHIBIT INDEX

Exhibit

Number Document

99.1 Press Release dated July 21, 2004.