KADANT INC Form 4 March 11, 2016

FORM 4

OMB APPROVAL

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Check this box if no longer subject to Section 16. Form 4 or

Expires: January 31, 2005

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Estimated average burden hours per response... 0.5

Section 16.
Form 4 or
Form 5
obligations
may continue.
See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Addr PAINTER JON		_	2. Issuer Name and Ticker or Trading Symbol KADANT INC [KAI]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction				
KADANT INC., ONE TECHNOLOGY PARK DRIVE			(Month/Day/Year) 03/10/2016	_X_ Director 10% Owner _X_ Officer (give title Other (specify below) PRESIDENT AND CEO			
(Street)			4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check			
WESTFORD, MA 01886			Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			

(City)	(State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired ction(A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		
Stock							3	I	By Son
Common Stock	03/10/2016		M	12,369	A	<u>(1)</u>	79,274	D	
Common Stock	03/10/2016		F	5,505	D	\$ 42.2	73,769	D	
Common Stock	03/10/2016		M	8,604	A	<u>(2)</u>	82,373	D	
Common Stock	03/10/2016		F	4,049	D	\$ 42.2	78,324	D	

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Common Stock	03/10/2016	M		A	<u>(3)</u>	80,464	D
Common Stock	03/10/2016	F	1,007	D	\$ 42.2	79,457	D
Common Stock	03/10/2016	M	7,344	A	<u>(4)</u>	86,801	D
Common Stock	03/10/2016	F	3,456	D	\$ 42.2	83,345	D
Common Stock	03/10/2016	M	1,874	A	<u>(5)</u>	85,219	D
Common Stock	03/10/2016	F	882	D	\$ 42.2	84,337	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Derivative Expiration Date Gecurities (Month/Day/Year) Acquired (A) or Disposed of D) Instr. 3, 4,		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Restricted Stock Unit	\$ 0	03/10/2016		M	12,369	<u>(1)</u>	03/10/2016	Common Stock	12,369 (1)
Restricted Stock Unit	\$ 0	03/10/2016		M	8,604	(2)	03/10/2017	Common Stock	8,604 (2)
Restricted Stock Unit	\$ 0	03/10/2016		M	2,140	(3)	03/10/2017	Common Stock	2,140 (3)
Restricted Stock Unit	\$ 0	03/10/2016		M	7,344	<u>(4)</u>	03/10/2018	Common Stock	7,344 (4)
Restricted Stock Unit	\$ 0	03/10/2016		M	1,874	<u>(5)</u>	03/10/2018	Common Stock	1,874 (5)

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Reporting Owners

Reporting Owner Name / Address

Director 10% Owner Officer Other

PAINTER JONATHAN W

KADANT INC.

ONE TECHNOLOGY PARK DRIVE

Relationships

PAINTER JONATHAN W

AND CEO

Signatures

WESTFORD, MA 01886

by Sandra L. Lambert for Jonathan W. Painter

03/11/2016

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The shares represent the partial settlement under a performance-based RSU award granted March 6, 2013. One-third of the RSU vested and became distributable on March 10, 2016 and was converted to common stock on a one-for-one basis on the vesting date.
- (2) The shares represent the partial settlement under a performance-based RSU award granted March 5, 2014. One-third of the RSU vested and became distributable on March 10, 2016 and was converted to common stock on a one-for-one basis on the vesting date.
- (3) The shares represent the partial settlement under a time-based RSU award granted March 5, 2014. One-third of the RSU vested and became distributable on March 10, 2016 and was converted to common stock on a one-for-one basis on the vesting date.
- The shares represent the partial settlement under a performance-based RSU award granted March 9, 2015. One-third of the RSU vested and became distributable on March 10, 2016 and was converted to common stock on a one-for-one basis on the vesting date.
- (5) The shares represent the partial settlement under a time-based RSU award granted March 9, 2015. One-third of the RSU vested and became distributable on March 10, 2016 and was converted to common stock on a one-for-one basis on the vesting date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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