MECHANICAL TECHNOLOGY INC

Form 4

April 03, 2003

FORM 4							OM	IB APPROVAL
[] Check this box if no longer	UNITE		SECURITI COMMISS		EXCHAN	GE		
subject to Section 16. Form 4 or Form 5 obligations may continue.	Washington, D.C. 20549						OMB N	
See Instruction 1(b).	Filed pursuant to Public Utility	T OF CHANGES IN BENEFICIAL OWNERSHIP o Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the ny Act of 1935 or Section 30(f) of the Investment Company Act of 1940					3235-0287 Expires: December 31, 2001 Estimated average burden hours per response 0.5	
Name and Address of Reporting Scheuer, Cynthia	g Person*	2. Issuer Name or Trading Sy Mechanical Te	ymbol	4. Statement (Month/Ye	ear)	6. Relations Issuer	ship of Repo	orting Person(s) to
(Last) (First)	(Middle)	Incorporated		April 200.	,		(Check all	applicable)
431 New Karner Road		3. I.R.S. Identification Number of Reporting Person, if an entity		5. If Amendment, Date of Original (Month/Year)		Director 10% Owner Officer Other		
(Street) Albany, NY 12205		(voluntary)				Officer/Oth Description Financial (Vice	e President/Chief
(City) (State)	(Zip)						al or Joint/C	
Table L. Non Darivative See	urities Acquired	Disposed of or I	Ranaficially Own	nod			roup Filing	
,	nsaction Date onth/Day/Year)	3. Transaction Code and Voluntary Code (Instr. 8)	4. Securities Acc Disposed (D) Of (Instr. 3, 4, an	quired (A) or d 5)	5. Amount of Securities Beneficially Owned at End of Mon (Instr. 3 and	th or Inc.		7. Nature of Indirect Beneficial Ownership (Instr. 4)

(over)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/ Day/ Year)	Code and Voluntary (V) Code (Instr.8)	of Derivative Securities	6. Date Exercisable(DE) and Expiration Date(ED) (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	of Derivative Security	Derivative Securities Beneficially Owned at End of Month (Instr.4)	10. Owner-ship Form of Deriv- ative Security: Direct (D) or Indirect (I)	11. Nature of Indirect Beneficial Ownership (Instr.4)
			Code V		(DE) (ED)					
Officer Grant 4/1/03 Stock Options (Rights to Buy)	\$1.91	04/01/2003	J 	(A) 25,000.00	04/01/2003 (1) 03/31/2013	Common Stock - 25,000.00	\$1.91	25,000.00	D	

Explanation of Responses :

** Intentional misstatements or omissions of facts	
constitute Federal Criminal Violations.	04-03-2003
See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).	** Signature of Reporting Person
	Date
Note: File three copies of this Form, one of	
which must be manually signed. If space is	

insufficient,

See Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form

required to respond unless the form displays a currently valid OMB number.

Cynthia A. Scheuer

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FOOTNOTE Descriptions for Mechanical Technology Incorporated MKTY

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Cynthia A. Scheuer 431 New Karner Road

Albany, NY 12205

Explanation of responses:

(1) Options vest annually at a rate of 25% per year, beginning 04/01/2004.

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