NATURAL ALTERNATIVES INTERNATIONAL INC

Form 144 June 13, 2018

OMB UNITED STATES

APPROVAL

OMB Number:

SECURITIES AND

3235-0101

EXCHANGE COMMISSION

Expires:

Washington, D.C. 20549

May 13, 2017

Estimated

average

FORM 144 burden hours

per

response.....1.00

SEC USE ONLY

NOTICE OF PROPOSED

SALE OF SECURITIES

DOCUMENT

SEQUENCE

PURSUANT TO RULE 144 UNDER THE SECURITIES

NO.

ACT OF 1933

ATTENTION: *Transmit for* filing 3 copies of this form

concurrently with either placing CUSIP an order with a broker to **NUMBER**

execute sale or executing a sale directly with a market maker.

(a) NAME

OF

ISSUER

(Please

(c) S.E.C. type or (b) IRS IDENT.NO. FILE NO.

> **WORK LOCATION**

Natural 84-1007839 000-15701

Alternatives International,

Inc.

1 (d)

ADDRESS STREET CITY STATE ZIP CODE (e) TELEPHONE NO.

OF

ISSUER

AREA CODE NUMBER

AggregateNumber of Shares ApproximateName of Each

15	35 Faraday	Avenue Carlsb	oad Califo	rnia92008	3 ((760)	744-7340		
2 (a) NAME OF PERSON FOR WHOSE ACCOUNT THE SECURITIES ARE TO BE SOLD									
Mark LeDoux and persons whose sales are required by Rule 144 to be aggregated as follows:	Mark LeDo an officer, director an	R oux is d 10% (c) AD	DRESS S	STREET	CITY	STATE	ZIP CODE		
		c/o 153	35 Farada	y Avenue	Carls	bad California	a a2008		
(i) Mark LeDoux individually; and	Julie LeDo the Preside the spouse Mark LeDo	oux is ent and of					92000		
(ii) Dream Farm Creative Arts									
A New Hampshire Nonprofit Corporation.									
INSTRUCTION: The person filing this notice should contact the issuer to obtain the I.R.S. Identification Number and the S.E.C. File Number.									
3 (a)		SEC USE							
Title of the	<i>(b)</i>	ONLY	<i>(c)</i>	(<i>d</i>)	(e)		<i>(f)</i>	<i>(g)</i>	

Class of

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Securities	Name and Broker-Dealer Number Market Address of of			Or Other Units	Date of Sale	Securities	
To Be Sold		File Number		Value	Outstanding	(See instr. <i>3(f))</i>	Exchange
	Through Whom the		Or Other Units	(<i>See instr.</i> 3(<i>d</i>))	(See instr. 3(e))	(MO. DAY YR.)	(See instr. 3(g))
	Securities are to be Offered or		To Be Sold				
	Each Market Maker		(See instr. 3(c))				
	who is Acquiring the Securities						
	Wells Fargo Advisors			\$27,500			
Common Stock	12531 High Bluff Drive, # 400	?	2,500	(as of June 6, 2018)	7,429,020	June 15, 2018	8 NASDAQ
	San Diego, CA 92130						
	Edward Jones			\$11,100			
Common Stock	3 C Market Place		1,000	(as of June 6,	7,429,020	June 15, 2018	NASDAQ
	Hollis, NH 03049		2018)				

INSTRUCTIONS:

- 1.(a) Name of issuer
 - (b) Issuer's I.R.S. Identification Number
 - (c) Issuer's S.E.C. file number, if any
 - (d) Issuer's address, including zip code
 - (e) Issuer's telephone number, including area code
- 2.(a) Name of person for whose account the securities are to be sold
 - Such person's relationship to the issuer (e.g.,
 - (b) officer, director, 10% stockholder, or member of immediate family of any of the foregoing)
 - (c) Such person's address, including zip code

- 3.(a) Title of the class of securities to be sold
 - (b) Name and address of each broker through whom the securities are intended to be sold
 - Number of shares or other units to be sold (if debt securities, give the aggregate face amount)
 - Aggregate market value of the securities to be sold as of a
 - (d) specified date within 10 days prior to the filing of this notice
 - Number of shares or other units of the class outstanding, or
 - (e) if debt securities the face amount thereof outstanding, as shown by the most recent report or statement published by the issuer
 - Approximate date on which the securities are to be sold
 - (g) Name of each securities exchange, if any, on which the securities are intended to be sold

Potential persons who are to respond to the collection of information contained in this form are not

SEC 1147 (08-07)

required to respond unless the form displays a currently valid OMB control number.

TABLE I - SECURITIES TO BE SOLD

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

Title of the Class	Date you Acquired	Nature of Acquisition Transaction	Name of Person from Whom Acquired (If gift, also give date donor acquired)	Amount of Securities Acquired	Date of Nature of Payment
Common Stock ¹	2/1/1995	Market Purchase ²	Market Purchase	2,500	2/1/1995 Cash
Common Stock ³	12/14/2017	Gift	The Marie LeDoux Foundation	2,000	N/A Gift

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the **INSTRUCTIONS:** consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

TABLE II – SECURITIES SOLD DURING THE PAST 3 MONTHS

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

Amount of

Name and Address of Seller Title of Securities Sold Date of Sale

Gross Proceeds

Securities Sold

Mark LeDoux

Common Stock

March 7, 2018 6,2654

\$74,527.87

1535 Faraday Avenue

Carlsbad, CA 92008

REMARKS: (1) Shares to be sold by Mark LeDoux

- (2) Common Stock acquired by market purchase at prevailing price at time.
- (3) Shares to be sold by Dream Farm Creative Arts, a New Hampshire Nonprofit Corporation
- Shares surrendered to Company for market value on date of surrender in exchange for Company paying withholding of income taxes due upon vesting of prior Restricted Stock Grants

INSTRUCTIONS:

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

06/12/2018 /s/ Mark LeDoux DATE OF NOTICE Mark LeDoux

/s/ Julie LeDoux Julie LeDoux, solely with respect to the non-profit corporation listed in box 2(a)(ii) above (SIGNATURE) ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

DATE OF PLAN ADOPTION OR GIVING OF INSTRUCTION, IF RELYING ON RULE 10B5-1

The notice shall be signed by the person for whose account the securities are to be sold. At least one copy of the notice shall be manually signed.

Any copies not manually signed shall bear typed or printed signatures.

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)