Para Daniel Form 4/A March 01, 2011

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to Section 16.

Form 4 or

obligations

may continue.

See Instruction

Form 5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Last)

(Print or Type Responses)

1. Name and Address of Reporting Person * Para Daniel

(First) (Middle)

1430 BRANDING AVENUE, **SUITE 155**

(Street)

DOWNERS GROVE, IL 60515

2. Issuer Name and Ticker or Trading

Symbol

EXPRESS-1 EXPEDITED SOLUTIONS INC [XPO]

3. Date of Earliest Transaction (Month/Day/Year) 02/24/2011

4. If Amendment, Date Original Filed(Month/Day/Year)

02/28/2011

OMB APPROVAL

OMB Number:

3235-0287

January 31, Expires:

Estimated average burden hours per

response...

0.5

2005

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

_X__ Director X__ 10% Owner _ Other (specify Officer (give title below)

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

(City)	(State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securition(A) or Dis (Instr. 3, 4)	posed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock, \$0.001 par value	02/24/2011		S	10,130 (1)	D	\$ 2.22	3,391,800 (1)	I	By Daniel Para Investments, LLC (2)
Common Stock, \$0.001 par value	02/24/2011		S	21,021 (1)	D	\$ 2.21	3,370,779 (1)	I	By Daniel Para Investments, LLC (2)
Common Stock, \$0.001 par	02/24/2011		S	73,370 (1)	D	\$ 2.2	3,297,409 (1)	I	By Daniel Para Investments,

value LLC (2)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Title	e and	8. Price of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transact	ionNumber	Expiration D	ate	Amou	nt of	Derivative
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	lying	Security
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivativo	e		Securi	ties	(Instr. 5)
	Derivative				Securities	3		(Instr.	3 and 4)	
	Security				Acquired					
					(A) or					
					Disposed					
					of (D)					
					(Instr. 3,					
					4, and 5)					
									Amount	
						Date	Expiration		or	
						Exercisable Date	*	Title Number of		
				Code V	(A) (D)				Shares	

Reporting Owners

Reporting Owner Name / Address	Keiationships					
	Director	10% Owner	Officer	Other		
Para Daniel 1430 BRANDING AVENUE, SUITE 155 DOWNERS GROVE, IL 60515	X	X				

Signatures

/s/ Clint J. Gage, Attorney-in-Fact

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This amendment is being filed to properly reflect the number of securities disposed of by the reporting person and the number of securities beneficially owned following the reported transaction.
- The reporting person is the Manager of Daniel Para Investments, LLC. The number of shares set forth constitutes all of the shares of common stock of Express-1 Expedited Solutions, Inc. held by Daniel Para Investments, LLC. The reporting person disclaims beneficial ownership of the shares in which the reporting person does not have a pecuniary interest.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Reporting Owners 2

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