OLD DOMINION FREIGHT LINE INC/VA Form 8-K September 01, 2010

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of Earliest Event Reported):

August 30, 2010

Old Dominion Freight Line, Inc.

(Exact name of registrant as specified in its charter)

Virginia	0-19582	56-0751714
(State or other jurisdiction of incorporation)	(Commission File Number)	(I.R.S. Employe Identification No
500 Old Dominion Way, Thomasville, North Carolina		27360
(Address of principal executive offices)		(Zip Code)
Registrant s telephone number, including area code:		(336) 889-5000
	Not Applicable	
Former name	or former address, if changed since	last report

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

[Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
[Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
[Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
[Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

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Item	8.0)1 (Other	Events.

On August 31, 2010, Old Dominion Freight Line, Inc. (the "Company") issued a press release regarding the adoption of pre-arranged stock trading plans in accordance with Rule 10b5-1 of the Securities Exchange Act of 1934, as amended, by certain Company officers and directors as well as other non-executive Congdon family shareholders. A copy of this press release is furnished as Exhibit 99.1.

Item 9.01 Financial Statements and Exhibits.

Exhibit No. 99.1 - Press Release dated August 31, 2010

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Old Dominion Freight Line, Inc.

September 1, 2010

By: /s/ John P. Booker, III

Name: John P. Booker, III

Title: Vice President – Controller (Principal Accounting

Officer)

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Exhibit No.	Description	
99.1	Press Release dated August 31, 2010	