MYOS RENS TECHNOLOGY INC. Form 3 April 06, 2016 UNITED STATES SECURITIES AND EXCHANGE COMMISSION FORM 3 Washington, D.C. 20549 OMB

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL

3235-0104 Number: January 31, Expires: 2005 Estimated average burden hours per response... 0.5

Reporting Person

(Print or Type Responses)

1. Name and Address of Reporting Person <u>*</u> Mannello Joseph		2. Date of Event Requiring Statement (Month/Day/Year)	3. Issuer Name and Ticker or Trading Symbol MYOS RENS TECHNOLOGY INC. [MYOS]				
(Last) (First)	(Middle)	12/17/2015	4. Relationship of Person(s) to Issu		5. If Amendment, Date Original Filed(Month/Day/Year)		
C/O MYOS CORPORATION, 45 HORSEHILL ROAD, SUITE 106			(Check all applicable) XDirector10% Owner OfficerOther		х - ́		
(Street)			(give title below)	(specify below)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting		
CEDAR KNOLLS,Â	NJÂ 07927				Person Form filed by More than One		

(City)	(State)	(Zip)	Table I - Non-Derivative Securities Beneficially Owned						
1.Title of Secu (Instr. 4)	ırity		2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indirect Beneficial Ownership (Instr. 5)				
Common St	ock		168,634	D <u>(1)</u>	Â				
Reminder: Rep	ort on a separa	te line for each class of sec	urities beneficially	SEC 1473 (7-02)				

owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security	2. Date Exercisable and	3. Title and Amount of	4.	5.	6. Nature of Indirect
(Instr. 4)	Expiration Date	Securities Underlying	Conversion	Ownership	Beneficial
	(Month/Day/Year)	Derivative Security	or Exercise	Form of	Ownership

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	Date Exercisable	Expiration Date	(Instr. 4) Title	Amount or Number of Shares	Price of Derivative Security	Derivative Security: Direct (D) or Indirect (I) (Instr. 5)	(Instr. 5)
Series A Warrant	01/27/2014	01/27/2017	Common Stock	66,667	\$ 15	D	Â
Series B Warrant	01/27/2014	01/27/2019	Common Stock	33,334	\$ 45	D	Â

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
Mannello Joseph C/O MYOS CORPORATION 45 HORSEHILL ROAD, SUITE 106 CEDAR KNOLLS, NJ 07927	ÂX	Â	Â	Â		

Signatures

/s/ Joseph 04/06/2016 Mannello Date

Reporting Person

**Signature of

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes 24,000 shares held in a joint account with the reporting person's spouse.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, See Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.