

Ledwith Lon
Form 4
September 10, 2018

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
Ledwith Lon

2. Issuer Name and Ticker or Trading Symbol
BJs RESTAURANTS INC [BJRI]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
7755 CENTER AVENUE, SUITE 300

3. Date of Earliest Transaction (Month/Day/Year)
09/07/2018

____ Director _____ 10% Owner
 Officer (give title below) _____ Other (specify below)

Executive VP, Operations

(Street)
HUNTINGTON BEACH, CA 92647

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
____ Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
				(A) or (D)	Price		
Common Stock	09/07/2018	09/07/2018	M	2,624	A \$ 29.88	10,913	D
Common Stock	09/07/2018	09/07/2018	S	2,624	D \$ 75.44	8,289	D
Common Stock	09/07/2018	09/07/2018	M	3,176	A \$ 33.65	11,465	D
Common Stock	09/07/2018	09/07/2018	S	3,176	D \$ 75.44	8,289	D
Common Stock	09/07/2018	09/07/2018	M	2,931	A \$ 37.03	11,220	D

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Common Stock	09/07/2018	09/07/2018	S	2,931	D	\$ 75.44	8,289	D
Common Stock	09/07/2018	09/07/2018	M	2,480	A	\$ 45.32	10,769	D
Common Stock	09/07/2018	09/07/2018	S	2,480	D	\$ 75.44	8,289 ⁽¹⁾	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Security (Instr. 3 and 4)	8. Amount or Number of Shares
Non-Qualified Stock Options	\$ 33.65	09/07/2018	09/07/2018	M	3,176	01/02/2014 01/02/2023	Common Stock	3,176
Non-Qualified Stock Options	\$ 29.88	09/07/2018	09/07/2018	M	2,624	01/15/2015 01/15/2024	Common Stock	2,624
Non-Qualified Stock Options	\$ 45.32	09/07/2018	09/07/2018	M	2,480	01/04/2013 01/04/2022	Common Stock	2,480
Non-Qualified Stock Options	\$ 37.03	09/07/2018	09/07/2018	M	2,931	12/29/2011 12/29/2020	Common Stock	2,931

Reporting Owners

Reporting Owner Name / Address	Relationships
	Director 10% Owner Officer Other
Ledwith Lon 7755 CENTER AVENUE SUITE 300 HUNTINGTON BEACH, CA 92647	Executive VP, Operations

Signatures

/s/ Jacob J. Guild, Attorney-in-Fact for Lon F.
Ledwith

09/10/2018

__Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Amount includes 3,781 of unvested Restricted Stock Units.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.
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