### Edgar Filing: Lecouras Patricia - Form 4

Lecouras Pa Form 4	atricia											
April 04, 20												
FORM	OMB APPROVAL											
	/I 🕂 UNITED STAT			, D.C. 205		.02.00		Number:	3235-0287			
Check the check						Expires:	January 31, 2005					
subject	10	NGES IN BENEFICIAL OWNERSHIP OF SECURITIES					Estimated average burden hours per					
Section 16. Form 4 or								response	rs per 0.5			
Form 5 Soligations Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company, Act of 1025 or Section												
may continue. Section 17(a) of the Public Officy Holding Company Act of 1955 of Section												
<i>See</i> Instruction 30(h) of the Investment Company Act of 1940 1(b).												
(Print or Type Responses)												
1. Name and Address of Reporting Person <sup>*</sup> 2. Issuer Name <b>and</b> Ticker or Trading 5. Relationship of Reporting Person(s) to												
Lecouras P					Issuer							
(Last)	(First) (Middle)			Se, IIIC. [CI	ILT.I		(Check	all applicable	)			
			Day/Year)				Director 10% Owner					
100 EAST	RIDGE ROAD	below)				· · · · · · · · · · · · · · · · · · ·	below)					
								Human Resource				
	(Street)			Date Original			<ol> <li>5. Individual or Joi</li> <li>Applicable Line)</li> </ol>	int/Group Filin	g(Check			
_X_ Form filed by One Reporting Person												
RIDGEFIELD, CT 06877												
(City)	(State) (Zip)	Tabl	le I - Non-	Derivative S	ecurit	ies Acqui	ired, Disposed of,	or Beneficial	ly Owned			
1.Title of Security	2. Transaction Date 2A. D (Month/Day/Year) Execu		n Date, if Transactioner Disposed of (D) Code (Instr. 3, 4 and 5)				5. Amount of Securities	6. Ownership	7. Nature of Indirect			
(Instr. 3)	any						Beneficially	Form:	Beneficial			
	(Mont	h/Day/Year)	(Instr. 8)				Owned Following	Direct (D) or Indirect				
					(A)		Reported Transaction(s)	(I) (Instr. 4)				
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)	. ,				
Common	04/02/2012		$\mathbf{C}(1)$	2 500	D	\$	105.276	D				
Stock	04/02/2012		S <u>(1)</u>	2,500	D	23.29 (2)	105,376	D				
_						\$						
Common Stock	04/03/2012		<b>S</b> <u>(1)</u>	2,498.89	D	22.25	102,877.11	D				
						(3)						
Common Stock	04/03/2012		S <u>(1)</u>	1.11	D	\$ 23.28	102,876	D				
Common Stock							666	Ι	By Son			

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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Derivative	Deriv
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(Instr. 5)	Bene
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_	
t	Security

## **Reporting Owners**

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
Lecouras Patricia 100 EAST RIDGE ROAD RIDGEFIELD, CT 06877			EVP of Human Resources					
Signatures								
/s/ Alexandros Aldous, Attorne Lecouras	04/04/2012							

## **Explanation of Responses:**

\*\*Signature of Reporting Person

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on March 9, 2012.

An aggregate of 2,500 shares of common stock were sold in multiple trades on April 2, 2012 at prices ranging from \$23.02 to \$23.52. The price reported above reflects the weighted average sale price. The reporting person hereby undertakes to provide upon request to the SEC

Date

(2) staff, The Chefs' Warehouse, Inc. or a stockholder of The Chefs' Warehouse, Inc. full information regarding the number of shares and prices at which the transaction was effected.

An aggregate of 2,498.89 shares of common stock were sold in multiple trades on April 3, 2012 at prices ranging from \$22.25 to \$23.15. The price reported above reflects the weighted average sale price. The reporting person hereby undertakes to provide upon request to the

(3) The price reported above reflects the weighted average sale price. The reporting person nereby indertakes to provide upon request to the SEC staff, The Chefs' Warehouse, Inc. or a stockholder of The Chefs' Warehouse, Inc. full information regarding the number of shares and prices at which the transaction was effected.

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Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.