O NEIL FRANK B Form 4

December 17, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB 3235-0287

Number: January 31, Expires: 2005

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Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

(Print or Type Responses)

1(b).

(Last)

1. Name and Address of Reporting Person * O NEIL FRANK B

(First)

(Street)

2. Issuer Name and Ticker or Trading Symbol

PROASSURANCE CORP [PRA]

5. Relationship of Reporting Person(s) to

Issuer

(Middle)

3. Date of Earliest Transaction

Director 10% Owner

(Check all applicable)

C/O PROASSURANCE CORPORATION, 100

(Month/Day/Year) 12/16/2010

_X__ Officer (give title __X__ Other (specify below) below)

Senior Vice-President / Assistant Secretary

BROOKWOOD PLACE

4. If Amendment, Date Original

6. Individual or Joint/Group Filing(Check Applicable Line)

Filed(Month/Day/Year)

X Form filed by One Reporting Person Form filed by More than One Reporting

BIRMINGHAM, AL 35209-6811

(City)	(State)	(Zip) Tal	ble I - Non	-Derivativ	e Secu	ırities Ac	quired, Disposed	l of, or Benef	icially Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securition(A) or Dis (Instr. 3, 4	posed	of (D)	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)	(Instr. 4)	
Common Stock	12/16/2010		F	7,288 (2)	D	\$ 62.31 (2)	31,421	D	
Common Stock	12/16/2010		M	10,000 (1)	A	\$ 62.31 (1)	38,709	D	
Common Stock							629	I	In Trust (3)
Common Stock							2,025	I	Shares held in the

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Common Stock					5	98 1		Group Savin Retire Plan Share childr UTM accou which report	gs and ement s held in tens' A onts for the ting is the		
Reminder: Re	Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.										
					Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.						
			ive Securities Acqui its, calls, warrants, o								
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code	5. Number on f Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exerci Expiration Dat (Month/Day/Y	e		7. Title and A Underlying S (Instr. 3 and	Securitie	
				Code V	(A) (D)	Date Exercisal	ole Expir Date	ration	Title	Amou or Numb of Shares	
Restricted Stock Units	<u>(4)</u>					<u>(4)</u>		<u>(4)</u>	Common Stock	1,04	
Restricted Stock Units	<u>(5)</u>					<u>(5)</u>		(5)	Common Stock	1,04	

Employee Stock

\$ 54.28

\$ 51.48

Option

(Right to Buy)

Employee

Stock

Common

Stock

Stock

6,25

6,25

09/01/2008(6) 09/01/2018

09/10/2007(7) 09/10/2017 Common

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Option (Right to Buy)								
Employee Stock Option (Right to Buy)	\$ 51.38				09/11/2006 <u>(8)</u>	09/11/2016	Common Stock	1,25
Employee Stock Option (Right to Buy)	\$ 41.15	12/16/2010	M	7,500 (1)	09/10/2005 <u>(9)</u>	09/10/2015	Common Stock	7,50 (1)
Employee Stock Option (Right to Buy)	\$ 33.28	12/16/2010	M	2,500 (1)	09/10/2004(10)	09/10/2014	Common Stock	2,50

Reporting Owners

Reporting Owner Name / Address			Relationships	
	Director	10% Owner	Officer	Other

O NEIL FRANK B C/O PROASSURANCE CORPORATION 100 BROOKWOOD PLACE BIRMINGHAM, AL 35209-6811

Senior Vice-President Assistant Secretary

Relationshine

Signatures

Frank B. O'Neil 12/17/2010

**Signature of Person Date

Reporting Person

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Cashless exercise of options on 12/16/2010

The 7,288 shares disposed of reflect 6,290 shares withheld by the issuer to fund the cashless exercise of 10,000 options on 12/16/10 and 998 shares withheld by the issuer to cover the associated tax liability.

(3) Shares are held in the George O'Neil Generation-Skipping Trust, Non-Exempt, fbo Frank B. O'Neil. The Reporting Person disclaims beneficial ownership because the Trustee retains sole investmenet control over the shares.

Each Restricted Stock Unit (RSU) represents a contingent right to receive one share of ProAssurance Corporation common stock, issueable from the ProAssurance 2008 Equity Incentive Plan. The RSUs will vest if the reporting person remains continuously employed by ProAssurance or one of its subsidiaries until February 26, 2013 (three years from date of grant). Vesting will accelerate upon termination of employment as the result of (i) death; (ii) disability; or (iii) Good Reason, as defined in the reporting person's employment agreement with ProAssurance Corporation, or by action of the Compensation

Reporting Owners 3

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Committee of the ProAssurance Corporation Board of Directors. The RSUs will be settled in shares of ProAssurance Common Stock and in cash, with the cash portion being approximately equal to the federal, state, and local taxes.

Each Restricted Stock Unit (RSU) represents a contingent right to receive one share of ProAssurance Corporation common stock, issueable from the 2008 Equity Incentive Plan. The RSUs will vest if the reporting person remains continuously employed by ProAssurance or one of its subsidiaries until February 26, 2012 (three years from date of grant). Vesting will accelerate upon termination of employment as the result of (i) death; (ii) disability; or (iii) Good Reason, as defined in the reporting person's employment agreement with ProAssurance Corporation, or by action of the Compensation Committee of the ProAssurance Corporation Board of Directors. The RSUs will be settled in shares of ProAssurance Common Stock and in cash, with the cash portion being approximately equal to the federal, state, and local taxes.

- (6) The options vest in five equal, yearly installments commencing on September 1, 2008
- (7) The options vest in five equal, yearly installments commencing on September 10, 2007
- (8) The options vest in five equal, yearly installments commencing on September 11, 2006
- (9) The options vest in five equal installments commencing on September 10, 2005
- (10) The options vest in five equal installments commencing on September 10, 2004

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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