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AD ANO MICTOR

Form 4 March 02, 2										
FOR	A 4 UNITED	STATES SE	CURITIES Washingto				COMMISSIC	-	MB APPROVAL er: 3235-0287	
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). TATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940							F Estima burder respon	Expires:January 31, 2005Estimated average burden hours per response0.5		
(Print or Type	Responses)									
1. Name and Address of Reporting Person <u>*</u> ADAMO VICTOR T			2. Issuer Name and Ticker or Trading Symbol PROASSURANCE CORP [PRA]				5. Relationship of Reporting Person(s) to Issuer			
(Last)(First)(Middle)C/O PROASSURANCECORPORATION, 100BROOKWOOD PLACE			3. Date of Earliest Transaction(Month/Day/Year)03/01/2007				(Check all applicable) X Director 10% Owner X Officer (give titleX Other (specify below) below) Vice-Chairman and President / Chief Operating Officer			
BIRMING	(Street) HAM, AL 35209-	File	f Amendment, d(Month/Day/Ye	-	nal) by One Repor		
(City)	(State)	(Zip)	Table I - Non	-Derivativ	e Seci	urifies Ad	Person	l of, or Ben	eficially Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date any (Month/Day/Ye	3. , if Transacti Code ar) (Instr. 8)	Transaction(A) or Disposed of (D)SecuritiesCode(Instr. 3, 4 and 5)Beneficially		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of			
Common Stock	03/01/2007		Р	117 <u>(1)</u>	А	\$ 51.18	46,944	D		
Common Stock							391	I	ProAssurance Group Savings and Retirement Plan [401 (k)]	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)

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required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	of	Expiration Date (Month/Day/Year		Underlying S	ecurities	
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
\$ 51.38					09/11/2006 <u>(2)</u>	09/11/2016	Common Stock	15,000	
\$ 41.15					09/10/2005 <u>(3)</u>	09/10/2015	Common Stock	37,500	
\$ 33.28					09/10/2004 <u>(4)</u>	09/10/2014	Common Stock	37,500	
\$ 22					09/04/2003 <u>(5)</u>	03/04/2013	Common Stock	7,500	
	Conversion or Exercise Price of Derivative Security \$ 51.38 \$ 41.15 \$ 33.28	Conversion (Month/Day/Year) or Exercise Price of Derivative Security \$ 51.38 \$ 41.15 \$ 33.28	Conversion (Month/Day/Year) Execution Date, if any Price of Derivative Security \$ 51.38 \$ 41.15 \$ 33.28	Conversion (Month/Day/Year) Execution Date, if Transactio or Exercise (Month/Day/Year) (Instr. 8) Derivative Security Code V \$ 51.38 \$ 41.15 \$ 33.28	Conversion or Exercise Price of Derivative Security(Month/Day/Year)Execution Date, if any (Month/Day/Year)TransactionNumber Code of (Instr. 8)Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)\$ 51.38\$ 41.15\$ 33.28	Conversion or Exercise Price of Derivative Security (Month/Day/Year) TransactionNumber Expiration Date Code of (Month/Day/Year) (Month/Day/Year) TransactionNumber Expiration Date (Month/Day/Year) Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) Date Exercisable S 51.38 09/11/2006 ⁽²⁾ \$ 41.15 09/10/2005 ⁽³⁾ \$ 33.28 09/10/2004 ⁽⁴⁾	Conversion or Exercise Price of Derivative Security(Month/Day/Year)Execution Date, if any (Month/Day/Year)TransactionNumber Code of (Instr. 8) Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)Expiration Date (Month/Day/Year)\$ 51.38Op/11/2006(2) Op/11/2006(2)Op/11/2006(2) Op/10/2015Op/10/2015(3) Op/10/2015\$ 41.15Op/10/2004(4) Op/10/2004(4)Op/10/2004(4) Op/10/2014Op/10/2014	Conversion or Exercise Price of Derivative Security (Month/Day/Year) Execution Date, if any (Month/Day/Year) TransactionNumber Code Expiration Date (Month/Day/Year) Underlying S (Instr. 3 and Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) \$ 51.38 Date Exercisable Code Expiration Date Expiration Date Title \$ 51.38 Og/11/2006(2) 0g/11/2006(2) 0g/11/2006(2) 0g/11/2016 Common Stock \$ 41.15 Og/10/2005(3) 0g/10/2015 Common Stock \$ 33.28 Og/10/2004(4) 0g/10/2014 Common Stock	Conversion or Exercise Price of Derivative Security (Month/Day/Year) (Month/Day/Year) Execution Date, if any (Month/Day/Year) Transaction/Number Code Expiration Date (Month/Day/Year) Underlying Securities (Instr. 3 and 4) Price of Derivative Security (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) Instr. 3 (Month/Day/Year) Instr. 3 (Month/Day/Year) Instr. 3 (Month/Day/Year) Instr. 3 (Month/Day/Year) Month/Day/Year) Securities Securities Code V (A) or Disposed Date Exercisable Expiration Date Title Amount or Number of Shares \$ 51.38 Code V (A) (D) Date Exercisable Expiration Date Common Stock 15,000 \$ 41.15 Og/10/2005 ⁽²⁾ 0g/10/2005 ⁽²⁾ 0g/10/2015 Common Stock 37,500 \$ 33.28 Og/04/2003 ⁽⁵⁾ 03/04/2013 Common Stock 37,500

Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director 10% Owner	Officer	Other			
ADAMO VICTOR T C/O PROASSURANCE	Х	Vice-Chairman and President	Chief Operating Officer			

CORPORATION 100 BROOKWOOD PLACE BIRMINGHAM, AL 35209-6811

Signatures

Victor T. Adamo

03/02/2007

<u>**</u>Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares acquired in the amended and restated ProAssurance Stock Ownership Plan. Purchases under this plan are exempt under Rule 16b-3(c)
- (2) The options vest in five equal, yearly installments commencing on September 11, 2006
- (3) The options vest in five equal, yearly installments commencing on September 10, 2005
- (4) The options vest in five equal, yearly installments commencing on September 10, 2004
- (5) The options vest in five equal, yearly installments commencing on September 4, 2003

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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