KANTOR GREGG S

Form 5

February 12, 2009

OMB APPROVAL FORM 5

OMB UNITED STATES SECURITIES AND EXCHANGE COMMISSION 3235-0362 Number: Washington, D.C. 20549 January 31,

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue.

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: 2005 Estimated average burden hours per response... 1.0

See Instruction Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, 1(b). Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section Reported 30(h) of the Investment Company Act of 1940

Form 4

Transactions Reported

1. Name and Address of Reporting Person ** KANTOR GREGG S			2. Issuer Name and Ticker or Trading Symbol NORTHWEST NATURAL GAS CO [NWN]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	` , , , , ,	(Mont) 12/31	3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2008				Director 10% Owner X Officer (give title Other (specify below)			
220 NW SE	ECOND AVENUE	<u> </u>								
	(Street)		. If Amendment, Date Original iled(Month/Day/Year)				6. Individual or Joint/Group Reporting (check applicable line)			
PORTLAN	D, OR 97209-	3991					_X_ Form Filed by Form Filed by I Person	One Reporting Pe More than One Re		
(City)	(State)	(Zip) Ta	able I - Non-Deri	ivative Sec	curities	Acqu	ired, Disposed of	f, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, any (Month/Day/Yea	Code	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned at end	6. Ownership Form: Direct (D) or Indirect (I)		
				Amount	(A) or (D)	Price	of Issuer's Fiscal Year (Instr. 3 and 4)	(Instr. 4)	(Instr. 4)	
Common Stock	12/08/2008	Â	G	107	D	\$0	13,136.065	D	Â	
Common Stock	12/09/2009	Â	G	54	D	\$0	13,082.065	D	Â	
Common Stock	Â	Â	Â	Â	Â	Â	2,696.5983	I	See Note	
	oort on a separate line ficially owned directly						llection of infor		SEC 2270 (9-02)	

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	Secu Acqu (A) o	vative prities uired or cosed O) r. 3,	Expiration D (Month/Day	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Employee Stock Option to Buy	\$ 43.29	Â	Â	Â	Â	Â	(2)	03/06/2018	Common Stock	8,000	
Employee Stock Option to Buy	\$ 44.48	Â	Â	Â	Â	Â	(3)	02/28/2017	Common Stock	7,000	
Employee Stock Option to Buy	\$ 34.29	Â	Â	Â	Â	Â	(4)	02/29/2016	Common Stock	3,000	
Employee Stock Option to Buy	\$ 31.34	Â	Â	Â	Â	Â	(5)	03/04/2014	Common Stock	6,000	
Employee Stock Option to Buy	\$ 26.3	Â	Â	Â	Â	Â	(6)	03/05/2012	Common Stock	2,000	

Reporting Owners

Reporting Owner Name / Address	Relationships							
Topozonia o mier zmier z zmazess	Director	10% Owner	Officer	Other				
KANTOR GREGG S 220 NW SECOND AVENUE PORTLAND. OR 97209-3991	Â	Â	President and COO	Â				

Reporting Owners 2

Signatures

MardiLyn Saathoff, Attorney-In-Fact

02/12/2009

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Held by reporting person under issuer's Retirement K Savings Plan as of December 31, 2008.
- Option was granted for 8,000 shares pursuant to Northwest Natural Gas Company's Restated Stock Option Plan (the "Plan"). The option vests in installments of 2,000 shares on each February 27, 2009 and January 1, 2010, 2011, and 2012.
- Option was granted for 7,000 shares pursuant to Northwest Natural Gas Company's Restated Stock Option Plan (the "Plan"). The option vests in installments of 1,750 shares on each February 21, 2008 and January 1, 2009, 2010, and 2011.
- Option was granted for 3,000 shares pursuant to Northwest Natural Gas Company's Restated Stock Option Plan (the "Plan"). The option vests in installments of 750 shares on each February 22, 2007 and January 1, 2008, 2009, and 2010.
- Option was granted for 6,000 shares pursuant to Northwest Natural Gas Company's Restated Stock Option Plan (the "Plan"). The option vests in installments of 2,000 shares on each February 25, 2005 and January 1, 2006 and 2007.
- Option was granted for 5,000 shares pursuant to Northwest Natural Gas Company's Restated Stock Option Plan (the "Plan"). The option vests in installments of 1,700 shares on each February 27, 2003 and January 1, 2004 and 1,600 shares on January 1, 2005.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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