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TRICHE TIN Form 4										
FORM 4 UNITED STATES SECURITIES AND EXCHANCE COMMISSION							OMB APPROVAL			
	UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549							OMB Number:	3235-0287	
Check th if no long subject to Section 1 Form 4 o	ENT OF CH	F CHANGES IN BENEFICIAL OWNERSHI SECURITIES				NERSHIP OF	Expires: January 3 20 Estimated average burden hours per response 0			
Form 5 obligation may cont <i>See</i> Instru 1(b).	ns Section 17(a	suant to Section) of the Public 30(h) of the	Utility Hole	ding Con	npany	Act of	1935 or Section	1		
(Print or Type I	Responses)									
1. Name and Address of Reporting Person <u>*</u> TRICHE TIMOTHY			2. Issuer Name and Ticker or Trading Symbol LTC PROPERTIES INC [LTC]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First) (M		3. Date of Earliest Transaction				(Cnech			
31365 OAK 200	CREST DRIVE,		h/Day/Year) //2010				X Director Officer (give below)		Owner er (specify	
				Amendment, Date Original d(Month/Day/Year)			6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person			
WESTLAK	E VILLAGE, CA	91361					Form filed by M Person	lore than One Re	porting	
(City)	(State) (Zip) T	able I - Non-I	Derivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, any (Month/Day/Yea	n Date, if Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) Day/Year) (Instr. 8)			Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
			Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		_	
Common Stock							6,618	Ι	See footnote (1)	
Common Stock	05/27/2010		A <u>(2)</u>	1,000	А	\$ 25.95	20,746	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)				8. Prio Deriv Secur (Instr.
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Options	\$ 4.06					04/23/2006	04/23/2013	Common Stock	2,000	
Stock Options	\$ 5.17					10/03/2006	10/03/2013	Common Stock	3,000	
Stock Options	\$ 23.79					05/15/2008	05/15/2015	Common Stock	3,333	
Stock Options	\$ 23.79					05/15/2009	05/15/2016	Common Stock	3,333	
Stock Options	\$ 23.79					05/15/2010	05/15/2017	Common Stock	3,334	

Reporting Owners

Reporting Owner Name / A	Relationships						
	Director	10% Owner	Officer	Other			
TRICHE TIMOTHY 31365 OAK CREST DRIV SUITE 200 WESTLAKE VILLAGE, C		X					
Signatures							
/s/ Timothy J Triche	05/28/20	10					
**Signature of Reporting Person	Date						

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

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- (1) Company contribution/reinvestment of dividend held on shares held in deferred compensation trust. Individuals have no voting rights over such shares.
- (2) Restricted stock grant. Shares vest equally over three years based on the reporting person's continued service as a Board Member of LTC at each vesting date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.