WORTHINGTON INDUSTRIES INC

Form 144

Title of the

January 07, 2010 **UNITED STATES** OMB APPROVAL OMB 3235-0101 SECURITIES AND EXCHANGE COMMISSION Number: March 31, Washington, D.C. 20549 Expires: 2011 Estimated 2.00 average burden hours per response SEC USE ONLY FORM 144 **DOCUMENT** NOTICE OF PROPOSED SALE OF SECURITIES SEQUENCE NO. PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933 **CUSIP NUMBER** WORK LOCATION ATTENTION: Transmit for filing 3 copies of this form concurrently with either placing an order with a broker to execute sale or executing a sale directly with a market maker. 1 (a) NAME OF ISSUER (Please type or print) (b) IRS IDENT. (c) S.E.C. FILE NO. NO. WORTHINGTON INDUSTRIES, INC. 31-1189815 1-8399 1 (d) ADDRESS OF (e) TELEPHONE NO. **ISSUER STREET CITY STATE ZIP CODE** AREA 200 OLD WILSON BRIDGE ROAD CODE **NUMBER COLUMBUS** OH 43085 614 840-3210 2 (a) NAME OF PERSON (b) RELATIONSHIP (c) ADDRESS FOR WHOSE ACCOUNT TO STREET **CITY** STATE THE SECURITIES **ISSUER** CODE ARE TO BE SOLD **AFFILIATE** 200 OLD WILSON BRIDGE RD., THE ESTATE OF JOHN H. COLUMBUS, OH 43085 **McCONNELL** INSTRUCTION: The person filing this notice should contact the issuer to obtain the I.R.S. Identification Number and the S.E.C. File Number. 3 (a) SEC USE (c) (b) (d) (e) (f) (g)

ONLY

Aggregate

Approximate

Class of	Name and Address of Each	Broker-Dealer	Number of	Market	Number of	Date of Sale	Name of
Securities	Broker Through Whom the	File Number	Shares	Value	Shares	(See instr.	Each
To Be Solo	l Securities are to be Offered or		or Other	(See instr.	or Other	3(f))	Securities
	Each Market Maker		Units	3(d))	Units	(MO. DAY	Exchange
	who is Acquiring the Securities		To Be		Outstanding	YR.)	(See instr.
			Sold		(See instr.		3(g))
			(See instr.		3(e))		
			3(c))				
Common	Huntington Investment		322,700	\$5,398,771	79,173,053	1-07-2010	NYSE
Shares	Company			(This			
	Huntington Center			amount is			
	41 South High Street, 2nd Floor	•		based on			
	Mail Code HC0220			the closing			
	Columbus, OH 43215-6101			price of the			
				common			
				shares on			
				1-06-2010,			
				which was			
				\$16.73)			

INSTRUCTIONS:

- 1. (a) Name of issuer
- (b) Issuer's I.R.S. Identification Number
- (c) Issuer's S.E.C. file number, if any
- (d) Issuer's address, including zip code
- (e) Issuer's telephone number, including area code
- 2. (a) Name of person for whose account the securities are to be sold
- (b) Such person's relationship to the issuer (e.g., officer, director, 10% stockholder, or member of immediate family of any of the foregoing)
- (c) Such person's address, including zip code

- 3. (a) Title of the class of securities to be sold
- (b) Name and address of each broker through whom the securities are intended to be sold
- (c) Number of shares or other units to be sold (if debt securities, give the aggregate face amount)
- (d) Aggregate market value of the securities to be sold as of a specified date within 10 days prior to the filing of this notice
- (e) Number of shares or other units of the class outstanding, or if debt securities the face amount thereof outstanding, as shown by the most recent report or statement published by the issuer
- (f) Approximate date on which the securities are to be sold
- (g) Name of each securities exchange, if any, on which the securities are intended to be sold

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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TABLE I - SECURITIES TO BE SOLD

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

Title of	Date you		Name of Person from	Amount of	Date of	
the Class	Acquired	Nature of Acquisition	Whom Acquired	Securities	Payment	
		Transaction	(If gift, also give date donor acquired)	Acquired		Nature of Payment
Common	04-25-2008	On 4-25-2008, John H.	John H. McConnell	1,642,600	None	None
Shares		McConnell				
		passed away and 1,642,600				
		common				
	S	hares went into the Estate of				
		John H. McConnell				

If the securities were purchased and full payment therefor was INSTRUCTIONS: not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

TABLE II - SECURITIES SOLD DURING THE PAST 3 MONTHS

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

Name and Address of Seller	Title of Securities Sold	Date of Sale	Amount of Securities Sold	Gross Proceeds
The Estate of John H. McConnell 200 Old Wilson Bridge Road	Common Shares	10-08-09	450,000	\$6,175,119
Columbus, OH 43085				

REMARKS:

On September 30, 2009, the Estate of John H. McConnell (the "Estate") filed a Form 144 to provide notice of the intention to sell 1,200,000 common shares. The Estate sold an aggregate of 877,300 common shares on October 5, 2009, October 6, 2009 and October 8, 2009. The common shares which are the subject of this Form 144 represent the balance of those included in the September 30, 2009 Form 144 which were not sold within the three-month period following September 30, 2009 and which the Estate intends to sell.

INSTRUCTIONS: ATTENTION:

See the definition of "person" in paragraph (a) of Rule 144. Information is the person for whose account the securities to which to be given not only as to the person for whose account the securities are notice relates are to be sold hereby represents by sig to be sold but also as to all other persons included in that definition. In this notice that he does not know any material adveraddition, information shall be given as to sales by all persons whose sales information in regard to the current and prospective are required by paragraph (e) of Rule 144 to be aggregated with sales for operations of the Issuer of the securities to be sold w

the account of the person filing this notice.		has not been publicly disclosed. If each person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Excha Act, by signing the form and indicating the date that plan was adopted or the instruction given, that personakes such representation as of the plan adoption of instruction date. The Estate of John H. McConnell			
	01/07/2010				
DATE	OF NOTICE	/s/ John P.	/s/ Daniel		
		McConnell	Minor		
		John P. McConnell, as co-executor	Daniel Minor, as co-executor		
	DATE OF PLAN ADOPTION OR GIVING OF	-	ned by the person for wh are to be sold. At least o		
INSTRUCTION,		copy of the notice shall be manually signed. Any			
	IF RELYING ON RULE 10B5-1	not manually signed shall bear typed o printe signatures.			
ATTENTION: Intent	tional misstatements or omission of facts constitute	Federal Criminal Violations	s (See 18 U.S.C.		

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