Myers Thomas D Form 4 April 05, 2013

FORM 4

OMB APPROVAL OMB

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

3235-0287 Number:

Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

January 31, Expires: 2005 Estimated average

Form 5 obligations **SECURITIES**

burden hours per response... 0.5

may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * Myers Thomas D			2. Issuer Name and Ticker or Trading Symbol URSTADT BIDDLE PROPERTIES INC [UBA]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last) 321 RAILROA	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 04/05/2013	Director 10% Owner X Officer (give title Other (specify below) below) EVP, Counsel & Secretary		
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting		
GREENWICH	, CT 06830			Person		

(City)	(State)	(Zip) Tab	le I - Non-	Derivativo	e Secu	rities Acqui	red, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securionor Dispo (Instr. 3,	sed of 4 and (A) or	` '	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Class A Common Stock	01/18/2013		<u>J(1)</u>	14	A	\$ 19.645	136,060 (3)	I	See footnote (4)
Class A Common Stock	04/05/2013		S(2)	3,000	D	\$ 21.6389	133,060 (3)	I	See Footnote (4)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Edgar Filing: Myers Thomas D - Form 4

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Title	e and	8. Price of	9. Nu	
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transaction	onNumber	Expiration D	ate	Amou	nt of	Derivative	Deriv	
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Underl	lying	Security	Secui	
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securit	ties	(Instr. 5)	Bene	
	Derivative				Securities			(Instr.	3 and 4)		Owne	
	Security				Acquired						Follo	
	•				(A) or						Repo	
					Disposed						Trans	
					of (D)						(Instr	
					(Instr. 3,							
					4, and 5)							
									A manust			
									Amount			
						Date Expiration Exercisable Date	Expiration		or Name Is a se			
							Title Number					
					C-1- V	(A) (D)				of		
				Coue v	(A) (D)				Shares			

Reporting Owners

Relationships Reporting Owner Name / Address

> Other Director 10% Owner Officer

Myers Thomas D 321 RAILROAD AVENUE GREENWICH, CT 06830

EVP, Counsel & Secretary

Signatures

Thomas D. 04/05/2013 Myers

**Signature of Date Reporting Person

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Those shares of Class A Common Stock of which Mr. Myers is the indirect beneficial owner, and which are owned by the Trust established under the Urstadt Biddle Properties Inc. Excess Benefit and Deferred Compensation Plan of 2005 (the "Compensation Plan

- (1) Trust"), are subject to automatic reinvestment of dividends pursuant to the Issuer's Dividend Reinvestment Plan. On January 18, 2013, dividends on these shares were paid and automatically reinvested by the Compensation Plan Trust in additional Class A Common Stock for the benefit of Mr. Myers in the amount of 13.9547 shares.
- On April 5, 2013, Mr. Myers sold 3,000 shares of Class A Common Stock at prices ranging from \$21.621 per share to \$21.713 per share, (2) with a weighted average price of \$21.6389 per share. Upon a request from the Commission, the Issuer, or a shareholder of the Issuer, full information regarding the number of shares sold and the separate prices at which they were sold will be provided.
- This figure includes 90,000 restricted shares of Class A Common Stock issued pursuant to the Issuer's Amended and Restated Restricted (3)Stock Award Plan.
- After all transactions reported on this Form 4, Mr. Myers is the direct beneficial owner of 131,950 shares of Class A Common Stock, including the 90,000 restricted shares referenced in footnote 3. In addition, he is the indirect beneficial owner of 1,110 shares of Class A Common Stock owned by the Compensation Plan Trust for the benefit of Mr. Myers.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Reporting Owners 2

Edgar Filing: Myers Thomas D - Form 4

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.