Edgar Filing: SHELLS SEAFOOD RESTAURANTS INC - Form 4

SHELLS SEAFC Form 4 March 01, 2005	OOD RESTA	URANT	S INC								
FORM 4	Ĺ							-	OMB APPROVAL		
	UNITED	UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549							er: 3235	5-0287	
Check this bo if no longer subject to Section 16. Form 4 or	STATEN	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES								ary 31, 2005 0.5	
Form 5 obligations may continue.Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 19401(b).30(h) of the Investment Company Act of 1940											
(Print or Type Respo	onses)										
1. Name and Address of Reporting Person <u>*</u> GOLDING MICHAEL R			2. Issuer Name and Ticker or Trading Symbol SHELLS SEAFOOD				5. Relationship of Reporting Person(s) to Issuer				
			RESTAURANTS INC [SHLL]				(Check all applicable)				
(Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) GRAND CENTRAL STATION, PO 02/01/2005 BOX 4561					X_ Director10% Owner Officer (give titleOther (specify below)below)						
(Street) 4. If Amendment, Date Original 6. Individu Filed(Month/Day/Year) Applicable 1 _X_Form f Form fi					Applicable Line) _X_ Form filed by	Joint/Group Filing(Check y One Reporting Person y More than One Reporting					
(City)	(State)	(Zip)	Tab	ole I - Non-	Derivative	Securities A	cquired, Disposed	of, or Bene	ficially Owne	ed	
	ansaction Date nth/Day/Year)		ed Date, if	3. Transactio Code (Instr. 8)	4. Securit onAcquired Disposed (Instr. 3, -	ies (A) or of (D)	5. Amount of Securities Beneficially Owned	6. Ownersh Form: Dire	ip 7. Natur	re of ial hip	
Reminder: Report or	n a separate line	e for each cl	lass of sec	urities bene	ficially ow	ned directly	or indirectly.				
·	·				Perso inform requir	ns who res nation cont red to response ays a current	spond to the colle ained in this form ond unless the fo ntly valid OMB co	n are not rm	SEC 1474 (9-02)		
	Tab					posed of, or convertible :	Beneficially Owned securities)	I			

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and	7. Title and Amount
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	orDerivative	Expiration Date	Underlying Securitie

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Security (Instr. 3)	or Exercise Price of Derivative Security		any (Month/Day/Year)	Code (Instr. 8)	Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	`` `	Month/Day/Year)		(Instr. 3 and 4)	
				Code V	(A) (I) Date Exercisable	Expiration Date	Title	Amour or Numbe of Shar	
Stock Option to purchase Common Stock	\$ 0.75	02/01/2005		A	20,000	02/01/2006 <u>(1)</u>	02/01/2015	Common Stock	20,00	

Reporting Owners

Reporting Owner Name / Address	Relationships						
L O	Director	10% Owner	Officer	Other			
GOLDING MICHAEL R GRAND CENTRAL STATION PO BOX 4561 NEW YORK, NY 10363	Х						
Signatures							
Michael R. 03 Golding, MD	8/01/2005						
<u>**</u> Signature of Reporting Person	Date						

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Options vest ratably each month over 12 months.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.