

NATURAL HEALTH TRENDS CORP  
Form 8-K  
March 17, 2009

**UNITED STATES**

**SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

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**FORM 8-K**

**CURRENT REPORT**

Pursuant to Section 13 or 15(d) of the  
Securities Exchange Act of 1934

**Date of Report: March 16, 2009**  
**(Date of earliest event reported)**

**Natural Health Trends Corp.**  
**(Exact name of registrant as specified in its charter)**

**TX**  
**(State or other jurisdiction**  
**of incorporation) 0-26272**  
**(Commission File Number) 59-2705336**

**(IRS Employer**  
**Identification Number)**  
**2050 Diplomat Drive**  
**(Address of principal executive offices) 75234**  
**(Zip Code)**  
**(972) 241-4080**  
**(Registrant's telephone number, including area code)**

**Not Applicable**  
**(Former Name or Former Address, if changed since last report)**

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

o Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

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**Item 2.02. Results of Operations and Financial Condition**

On March 16, 2009, Natural Health Trends Corp. issued an earnings release announcing its results for the quarter ended December 31, 2008. The press release is attached hereto as exhibit 99.1.

**Item 9.01. Financial Statements and Exhibits**

Press release of Natural Health Trends Corp. dated March 16, 2009

**(a) Financial statements:**

None

**(b) Pro forma financial information:**

None

**(c) Shell company transactions:**

None

**(d) Exhibits**

99.1 Press Release of Natural Health Trends Corp. dated March 16, 2009

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**SIGNATURE**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Dated: March 16, 2009

**NATURAL HEALTH TRENDS CORP.**

By: /s/ Gary C. Wallace

Gary C. Wallace

*General Counsel*

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**Exhibit Index** **Exhibit No. Description** 99.1 Press Release of Natural Health Trends Corp. dated March 16, 2009