ARDEN REALTY INC Form SC 13G/A February 15, 2005

SECURITIES AND EXCHANGE COMMISSION WASHINGTON, DC 20549

SCHEDULE 13G/A

(Rule 13d-102)

INFORMATION TO BE INCLUDED IN STATEMENTS FILED PURSUANT TO RULES 13d-1(b), (c), AND (d) AND AMENDMENTS THERETO FILED PURSUANT TO RULE 13d-2(b)

(AMENDMENT 1)

ARDEN REALTY, INC.

(NAME OF ISSUER)

COMMON STOCK

(Title of Class of Securities)

039793104

(CUSIP Number)

DECEMBER 31,2004

(Date of Event Which Requires Filing of this Statement)

Check the appropriate box to designate the rule pursuant to which this Schedule is filed:

			Rule 13d-1 (c) Rule 13d-1 (d)
CUSIP No. 039793104		13G/A	Page 1 of 3 pages
1. Names of reportin	g persons	Security Capital Research & Ma	nagement Inc.
I.R.S. IDENTIFIC (ENTITIES ONL)		O. OF ABOVE PERSONS	36-4130398
2. CHECK THE AP GROUP*	PROPRIAT	TE BOX IF A MEMBER OF A	(a)
			(b)
3. SEC USE O	NLY		
4. CITIZENSE Delaware	IIP OR PLA	CE OF ORGANIZATION	
NUMBER OF	5.	SOLE VOTING POWER	1,649,320
SHARES			
BENEFICIALLY	6.	SHARED VOTING POWER	0
OWNED BY			
EACH	7.	SOLE DISPOSITIVE POWER	1,649,320
REPORTING			

X Rule 13d-1 (b)

PERSON WITH	8. SHARED DISPOSITIVE POWER	0		
9. AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON				
1,649,320				
10. CHECK BOX IF T EXCLUDES	HE AGGREGATE AMOUNT IN ROW (9)		
CERTAIN SHARE	S			
11. PERCENT OF CI	ASS REPRESENTED BY AMOUNT IN	ROW (9)		
2.5%				
12. TYPE OF REF	PORTING PERSON*	IA		
Item 1(a).	Name of Issuer:			
	ARDEN REALTY, INC.			
Item 1(b).	Address of Issuer's Principal Executive	Offices:		
	11601 WILSHIRE BOULEVARD, SUI	TTE 400		
	LOS ANGELES, CA 90025			
Item 2(a).	Name of Person Filing:			
	Security Capital Research & Manageme	ent Inc.		

Item 2(b).	Address of Principal Business Office or, if None, Residence:
	10 South Dearborn Street, Suite 1400
	Chicago, Illinois 60603
Item 2(c).	Citizenship
	Delaware
Item 2(d).	Title of Class of Securities:
	COMMON STOCK
	Unless otherwise noted, security being reported is common stock
Item 2(e).	CUSIP Number: 039793104
Item 3	If this Statement is Filed Pursuant to Rule 13d-1(b), or 13d-2(b)
	Or (c), Check Whether the Person Filing is a :
(a)	Broker or dealer registered under Section 15 of the Exchange Act;
(b)	Bank as defined in Section 3(a)(6) of the Exchange Act;
(c)	Insurance company as defined in Section 3(a)(19) of the
	Exchange Act;
(d)	Investment company registered under Section 8 of the Investment
	Company Act;
(e)	X An investment adviser in accordance with Rule 13d-1(b)(1)(ii)(E);

(f)

An employee benefit plan or endowment fund in accordance with

Rule 13d-1(b)(1)(ii)(F);

- (g) A parent holding company or control person in accordance with Rule 13d-1(b)(1)(ii)(G);
- (h) A savings association as defined in Section 3(b) of the Federal Deposit Insurance Act;
- (i) A church plan that is excluded from the definition of an Investment company under Section 3(c)(14) of the Investment Company act;
- (j) Group, in accordance with Rule 13d-1(b)(1)(ii)(J).

If this statement is filed pursuant to Rule 13d-1(b), check this box.

Page 2 of 3 pages

Item 4. Ownership

Provide the following information regarding the aggregate number and

Percentage of the class of securities of issuer identified in Item 1.

(a) Amount beneficially owned:

1,649,320

Including

O shares where there is a Right to Acquire.

(b) Percent of class:

2.5%

X

(c) Number of shares as to which such person has:

(i)	Sole power to vote or to direct the vote:	1,649,320
(ii)	Shared power to vote or to direct the vote:	0
(iii)	Sole power to dispose or to direct the disposition of:	1,649,320
(iv)	Shared power to dispose or to direct the disposition of:	0

Item 5. Ownership of Five Percent or Less of a Class. YES

If this statement is being filed to report the fact that as of the date

hereof the reporting person has ceased to be the beneficial owner of more

than five percent of the class of securities, check the following. (X)

Item 6. Ownership of More than Five Percent on Behalf of Another Person.

Security Capital Research & Management Inc. is the beneficial owner of

1,649,320 shares of the

issuer's common stock on behalf of other persons known to have one or more of the following:

the right to receive dividends for such securities;

the power to direct the receipt of dividends from such securities;

the right to receive the proceeds from the sale of such securities;

the right to direct the receipt of proceeds from the sale of such securities;

No such person is known to have an interest in more than 5% of the class of securities reported herein unless such person is identified below.

Item 7. Identification and Classification of the Subsidiary Which Acquired theSecurity being reported on by the Parent Holding Company.

Not Applicable

- **Item 8.** Identification and Classification of Members of the Group.
- **Item 9.** Notice of Dissolution of Group.

Not Applicable

Not Applicable

By signing below I certify that, to the best of my knowledge and belief,

the securities referred to above were not acquired and are not held for the purpose of or with the effect of changing or influencing the control of the issuer of the securities and were not acquired and are not held in connection

with or as a participant in any transaction having that purpose or effect.

Page 3 of 3 pages

SIGNATURE

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

Dated: FEBRUARY 15,2005 Security Capital Research & Management Inc.

By: /s/ Genine M. Dawczak

Genine M. Dawczak

Assistant Controller

The original statement shall be signed by each person on whose behalf the statement

is filed or his authorized representative. If the statement is signed on behalf of a person by his authorized representative (other than an executive officer or general partner of the filing person), evidence of the representative's authority to sign on behalf of such person shall be filed with the statement, provided, however, that a power of attorney for this purpose which is already on file with the commission may

be incorporated by reference. The name and any title of each person who signs the the statement shall be typed or printed beneath his signature.