HEIAR GLENN J

Form 4

November 18, 2004

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Estimated average

burden hours per

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005

0.5

OMB APPROVAL

Form 4 or Form 5 obligations may continue.

See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

response...

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person <u>*</u> HEIAR GLENN J

2. Issuer Name **and** Ticker or Trading Symbol

5. Relationship of Reporting Person(s) to Issuer

(Last)

(First)

(Street)

ARMOR HOLDINGS INC [AH]

11/16/2004

(Check all applicable)

C/O ARMOR HOLDINGS,

INC., 1400 MARSH LANDING PARKWAY, SUITE 112 3. Date of Earliest Transaction (Month/Day/Year)

____ Director _____ 10% Owner _____ Officer (give title _____ Other (specify

G

(Middle)

below) below)
Chief Financial Officer

4. If Amendment, Date Original

Chief Financial Officer

6. Individual or Joint/Group Filing(Check

Filed(Month/Day/Year)

Applicable Line)

X Form filed by One Reporting Person ___ Form filed by More than One Reporting

Persor

JACKSONVILLE, FL 32250

(City)	(State)	(Zip) Tabl	le I - Non-I	Derivative	Secur	ities Acqu	ired, Disposed of	, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or		5. Amount of Securities Beneficially Owned Owned Following Reported Transaction(s) (Instr. 3 and 4) 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	11/16/2004		Code V M	Amount 7,568	(D)	Price \$ 21.75	0	D	
Common Stock	11/16/2004		S	7,568	D	\$ 42.2	0	D	
Common Stock	11/17/2004		M	12,524	A	\$ 21.75	0	D	
Common Stock	11/17/2004		S	12,524	D	\$ 41.78	0	D	
Common Stock	11/18/2004		M	311	A	\$ 21.75	0	D	

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Common Stock	11/18/2004	S	311	D	\$ 41.96	0	D
Common Stock	11/18/2004	M	11,415	A	\$ 21.75	0	D
Common Stock	11/18/2004	S	11,415	D	\$ 41.96	16,520 <u>(1)</u>	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)		3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)			6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (right to buy)	\$ 21.75	11/16/2004		M		7,568	<u>(2)</u>	02/06/2012	Common Stock	7,568
Stock Option (right to buy)	\$ 21.75	11/17/2004		M		12,524	(2)	02/06/2012	Common Stock	12,524
Stock Option (right to buy)	\$ 21.75	11/18/2004		M		311	<u>(2)</u>	02/06/2012	Common Stock	311
Stock Option (right to buy)	\$ 21.75	11/18/2004		M		11,415	(2)	02/06/2012	Common Stock	11,415

Reporting Owners

Reporting Owner Name / Address

Relationships

Reporting Owners 2

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Director 10% Owner Officer Other

HEIAR GLENN J C/O ARMOR HOLDINGS, INC. 1400 MARSH LANDING PARKWAY, SUITE 112 JACKSONVILLE, FL 32250

Chief Financial Officer

Signatures

/s/ Glenn J. Heiar 11/18/2004

**Signature of Date

Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes (i) a restricted stock grant of 3,500 shares of which 1,500 vest on December 31, 2004 and 2,000 shares vest on December 31, 2005; and (ii) a restricted stock award of 1,520 shares which vest on December 31, 2006.
- (2) Presently exercisable.
- (3) In addition to the 58,182 stock options reported herein, the Reporting Person is the beneficial owner of stock options to purchase 100,000 shares at an exercise price of \$28.46.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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