

ALLIED HOLDINGS INC  
Form 8-K  
March 14, 2005

**SECURITIES AND EXCHANGE COMMISSION**

**Washington, D.C. 20549**

**FORM 8-K**

**CURRENT REPORT**

**PURSUANT TO SECTION 13 OR 15(d) OF THE  
SECURITIES EXCHANGE ACT OF 1934**

Date of Report (Date of earliest event reported) March 14, 2005

**ALLIED HOLDNGS, INC.**

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(Exact Name of Registrant as Specified in its Charter)

Georgia

0-22276

58-0360550

(State or Other Jurisdiction  
of Incorporation)

(Commission  
File Number)

(IRS Employer  
Identification No.)

160 Clairemont Avenue, Suite 200, Decatur, Georgia

30030

(Address of Principal Executive Offices) (Zip Code)

Registrant's telephone number, including area code (404) 373-4285

Not Applicable

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(Former Name or Former Address, if Changed Since Last Report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

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EX-99.1 PRESS RELEASE DATED MARCH 14, 2005

**Item 7.01 Other Events and Regulation FD Disclosure.**

On March 14, 2005 Allied Holdings, Inc. (the Company ) issued a press release announcing that the Annual Meeting of Shareholders will be held on May 24, 2005.

A copy of the Company s press release announcing the date of the Annual Meeting of Shareholders is filed herewith.

**Item 9.01 Financial Statements and Exhibits.**

(c) *Exhibits*

99.1 Press Release of the Company dated March 14, 2005 regarding the date of the Annual Meeting of Shareholders.

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**SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this Report to be signed on its behalf by the undersigned hereunto duly authorized.

ALLIED HOLDINGS, INC.

Dated: March 14, 2005

By: /s/ Thomas M. Duffy

Name: Thomas M. Duffy

Title: Executive Vice President and General  
Counsel

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**EXHIBIT INDEX**

Exhibit No.	Description of Exhibit
99.1	Press Release of the Company dated October 29, 2004 regarding the date of Annual Meeting of Shareholders.