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HOLLIS M.	ARK C												
Form 4													
February 02	, 2005												
FORM	14				~ .						OMB /	APPROVAL	
	Washington, D.C. 20549							``	OMB Number:	3235-0287			
Check th if no lon	aer.									E	Expires:	January 31, 2005	
subject to Section 16. Form 4 or				SEC	RITIES				SHIP OF Estimated average burden hours per response				
Form 5 obligatio may con <i>See</i> Instr 1(b).	tinue. Section 17	(a) of the l	Public U	Itility H	lol		pany	Act of	e Act of 1934, f 1935 or Sectio 40	on			
(Print or Type	Responses)												
HOLLIS MARK C Syn PU				. Issuer Name and Ticker or Trading mbol JBLIX SUPER MARKETS INC IONE]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last)	(First) (Middle)	3. Date of Earliest TransactionX Director						10% Owner				
				Month/Day/Year) 2/01/2005					Officer (give title Other (specify below) below)				
Filed(M				mendment, Date Original ⁄Ionth/Day/Year)					 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 				
LAKELAN	ID, FL 33802040	7							Person	WION		xeporting	
(City)	(State)	(Zip)	Tab	le I - No	n-I	Derivative S	ecurit	ies Acc	uired, Disposed o	of, o	r Benefici	ally Owned	
1.Title of Security (Instr. 3) 2. Transaction Date 2A. Deemed Execution Date, if any (Month/Day/Year)				3. 4. Securities Acquired Transactior(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or					BeneficiallyHOwnedIFollowingCReported(Transaction(s)(rnership m: ect (D) indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
~				Code	V	Amount	(D)	Price	(Instr. 3 and 4)				
Common Stock	02/01/2005			J <u>(1)</u>		673,682	А	\$0	673,682	D			
Common Stock	02/01/2005			J <u>(1)</u>		159,600	D	\$0	0	Ι		By Irrevocable Trust	
Common Stock	02/01/2005			J <u>(1)</u>		668,671	А	\$0	668,671 <u>(2)</u>	Ι		By Shares Held By Ltd Partnership	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)

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required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)			7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Own Follo Repo Trans (Instr
				Code V		Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships								
1 8	Director	10% Owner	Officer	Other					
HOLLIS MARK C P.O. BOX 407 LAKELAND, FL 338020407	Х								
Signatures									
By: Robert C. Weigel (POA on file)		02/02/2005	5						

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares were transferred due to termination of Irrevocable Trust.
- (2) The reporting person disclaims beneficial ownership of these shares, except to the extent of his pecuniary interest.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.