

Cohen Heather L
 Form 4
 September 16, 2008

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
 Cohen Heather L

2. Issuer Name and Ticker or Trading Symbol
 CONMED CORP [CNMD]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
 C/O CONMED CORPORATION, 525 FRENCH ROAD

3. Date of Earliest Transaction (Month/Day/Year)
 09/15/2008

____ Director
 Officer (give title below) _____ 10% Owner
 _____ Other (specify below)
 VP CORP HR&DEPUTY GEN COUNSEL

(Street)
 UTICA, NY 13502

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 ____ Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount (A) or Price (D)		
COMMON STOCK	09/15/2008		M		4,000 A \$ 25.03	D	
COMMON STOCK	09/15/2008		S		300 D \$ 31.37	D	
COMMON STOCK	09/15/2008		S		1,151 D \$ 31.38	D	
COMMON STOCK	09/15/2008		S		1,000 D \$ 31.39	D	
COMMON STOCK	09/15/2008		S		500 D \$ 31.4	D	

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COMMON STOCK	09/15/2008	S	100	D	\$ 31.41	3,019	D
COMMON STOCK	09/15/2008	S	200	D	\$ 31.43	2,819	D
COMMON STOCK	09/15/2008	S	435	D	\$ 31.44	2,384	D
COMMON STOCK	09/15/2008	S	314	D	\$ 31.47	2,070	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)
OPT. TO PURCHASE COMMON STOCK	\$ 25.03	09/15/2008		M	4,000	05/18/2005 05/18/2014	COMMON STOCK 4,000

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Cohen Heather L C/O CONMED CORPORATION 525 FRENCH ROAD UTICA, NY 13502			VP CORP HR&DEPUTY GEN COUNSEL	

Signatures

Heather L.
Cohen

09/16/2008

__Signature of
Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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