

DOCUMENTS INCLUDED AS PART OF THIS REPORT

Document	Description
1.	News release, dated October 5, 2011.

For Immediate Release

October 5, 2011

**SONDE RESOURCES CORP. LIFTS FORCE MAJEURE DECLARATION ON THE 7TH OF NOVEMBER
BLOCK, OFFSHORE TUNISIA / LIBYA**

CALGARY, ALBERTA--(Marketwire – October 5, 2011) - Sonde Resources Corp. ("Sonde" or the "Company") (TSX: SOQ) (NYSE Amex LLC: SOQ) announces that on August 31, 2011, the Government of Canada repealed its unilateral sanctions against Libya, and further amended the Regulations Implementing the United Nations Resolutions on Libya on September 22, 2011, following the adoption of Resolution 2009 (2011) by the United Nations Security Council ("UNSC"). After careful review of these rulings, and in consultation with the Canadian Foreign Affairs Ministry, Sonde has lifted the Force Majeure declaration it made on June 8, 2011, and intends to resume normal operations on the 7th of November Block.

Sonde has requested a meeting with Joint Oil (the Tunisian-Libyan joint venture responsible for the 7th of November Block) to discuss near-term activities regarding the exploration program for the Block, as well as the plan of development for the previously-announced North Zarat discovery.

Jack Schanck, Sonde's President and CEO, said "Sonde sincerely regrets the interruption of operations caused by the necessary declaration of Force Majeure, and we are anxious to resume our strong working relationship with Joint Oil and the exploration and development of the large hydrocarbon resource on the 7th of November Block."

Sonde Resources Corp. is a Calgary, Alberta, Canada based diversified global energy company engaged in the exploration and production of oil and natural gas. Its operations are located in Western Canada and North Africa. See Sonde's website at www.sonderesources.com to review further detail on Sonde's operations.

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Neither the Toronto Stock Exchange nor the NYSE - Amex have approved the contents of this press release.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

SONDE RESOURCES CORP.
(Registrant)

Date: October 7, 2011

By: /s/ Kurt A. Nelson

Name: Kurt A. Nelson

Title: Chief Financial Officer
