CARRIERE STEPHEN J

Form 4

August 15, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB Number:

3235-0287

Expires:

January 31, 2005

0.5

Estimated average burden hours per

OMB APPROVAL

response...

if no longer subject to Section 16. Form 4 or Form 5 obligations

Check this box

SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue.

See Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * CARRIERE STEPHEN J

2. Issuer Name and Ticker or Trading Symbol

30(h) of the Investment Company Act of 1940

Issuer

5. Relationship of Reporting Person(s) to

CIRCOR INTERNATIONAL INC [CIR]

(Check all applicable)

VP, Controller&Asst. Treasurer

(Last) (First) (Middle)

3. Date of Earliest Transaction (Month/Day/Year) 08/11/2005

Director 10% Owner Other (specify X_ Officer (give title

below)

CIRCOR INTERNATIONAL. INC., 25 CORPORATE DRIVE **SUITE 130**

(Street)

4. If Amendment, Date Original

6. Individual or Joint/Group Filing(Check

Applicable Line)

Filed(Month/Day/Year)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

BURLINGTON, MA 01880

(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned							
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)		sed of 4 and (A) or	` ′	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock (1)	08/11/2005		M	1,100	A	\$ 7.5	6,945.2	D	
Common Stock (2)	08/11/2005		S	1,100	D	\$ 25.5036	5,845.2	D	
Common Stock (1)	08/15/2005		M	900	A	\$ 7.5	6,745.2	D	
Common Stock (2)	08/15/2005		S	900	D	\$ 25.5	5,845.2	D	
	08/15/2005		M	400	A	\$ 23.8	6,245.2	D	

Edgar Filing: CARRIERE STEPHEN J - Form 4

Common Stock (3)

Common S 08/15/2005 \$ 25.5 D 400 5,845.2 Stock (2)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number conf Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option Right to Buy	\$ 7.5	08/11/2005		M		1,100	08/02/2005	08/02/2010	Common Stock	1,100
Stock Option Right to Buy	\$ 7.5	08/15/2005		M		900	08/02/2005	08/02/2010	Common Stock	900
Stock Option Right to Buy	\$ 23.8	08/15/2005		M		400	01/06/2005	01/06/2015	Common Stock	400

Reporting Owners

Reporting Owner Name / Address	Relationships						
1	Director	10% Owner	Officer	Other			
CARRIERE STEPHEN J			VP,				
CIRCOR INTERNATIONAL, INC.			Controller&Asst.				
25 CORPORATE DRIVE SUITE 130			Treasurer				

Reporting Owners 2

BURLINGTON, MA 01880

Signatures

Stephen J.
Carriere 08/15/2005

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
 - The stock options exercised herein are a portion of the grant of 10,000 options by the issuer to the reporting person on August 2, 2000.
- (1) These options are a portion of the 2,000 options that became exercisable on August 2, 2005. These options convert into shares of the issuer's common stock on a one-for-one basis.
- (2) The transactions reported herein reflect the cashless exercise by the reporting person of stock options previously granted to the reporting person by the issuer.
 - The stock options exercised herein are a portion of the grant of 2,000 options by the issuer to the reporting person on January 6, 2004.
- (3) The 400 options became exercisable on January 6, 2005. These options convert into shares of the issuer's common stock on a one-to-one basis.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Signatures 3