

Trojan Greg
Form 4
September 04, 2018

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
Trojan Greg

2. Issuer Name and Ticker or Trading Symbol
BJs RESTAURANTS INC [BJRI]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
7755 CENTER AVENUE, SUITE 300

3. Date of Earliest Transaction (Month/Day/Year)
08/30/2018

____ Director _____ 10% Owner
 Officer (give title below) _____ Other (specify below)
President/CEO

(Street)
HUNTINGTON BEACH, CA 92647

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price
Common Stock	08/30/2018	08/30/2018	M		10,000	A	\$ 42.41
Common Stock	08/30/2018	08/30/2018	S		10,000	D	\$ 74.02
Common Stock	08/30/2018	08/30/2018	M		6,611	A	\$ 47.04
Common Stock	08/30/2018	08/30/2018	S		6,611	D	\$ 74.02
Common Stock	08/31/2018	08/31/2018	M		13,842	A	\$ 35.95

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Common Stock	08/31/2018	08/31/2018	S	13,842	D	\$ 74.74	54,783	D
Common Stock	08/31/2018	08/31/2018	M	13,227	A	\$ 42.41	68,010	D
Common Stock	08/31/2018	08/31/2018	S	13,227	D	\$ 74.74	54,783	D
Common Stock	09/04/2018	09/04/2018	M	3,134	A	\$ 29.88	57,917	D
Common Stock	09/04/2018	09/04/2018	S	3,134	D	\$ 75.59	54,783	D
Common Stock	09/04/2018	09/04/2018	S	7,587	D	\$ 75.79	47,196	D
Common Stock	09/04/2018	09/04/2018	S	13,000	D	\$ 75.61	34,196 ⁽¹⁾	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Security (Instr. 3 and 4)	Amount or Number of Shares
					V	(A) (D)	Date Exercisable	Expiration Date		
Non-Qualified Stock Options	\$ 29.88	09/04/2018	09/04/2018	D		3,134	01/15/2015	01/15/2024	Common Stock	3,134
Non-Qualified Stock Options	\$ 47.04	08/30/2018	08/30/2018	M		6,611	01/15/2016	01/15/2025	Common Stock	6,611
Non-Qualified Stock Options	\$ 42.41	08/30/2018	08/30/2018	M		10,000	01/15/2017	01/15/2026	Common Stock	10,000
Non-Qualified Stock Options	\$ 42.41	08/31/2018	08/31/2018	M		13,227	01/15/2017	01/15/2026	Common Stock	13,227
Non-Qualified Stock Options	\$ 35.95	08/31/2018	08/31/2018	M		13,842	01/15/2018	01/15/2027	Common Stock	13,842

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Trojan Greg 7755 CENTER AVENUE SUITE 300 HUNTINGTON BEACH, CA 92647			President/CEO	

Signatures

/s/ Jacob J. Guild, Attorney-in-Fact for Gregory A. Trojan	09/04/2018
<small>**Signature of Reporting Person</small>	<small>Date</small>

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Amount includes 28,352 of unvested Restricted Stock Units.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.