Edgar Filing: TERRA INDUSTRIES INC - Form 4

TERRA IND	USTRIES INC										
Form 4	~~										
March 02, 20											
FORM	14 UNITED S	TATES	S SECURITIES AND EXCHANGE COMMISSION							PROVAL	
		JAILS		shington,			NGE C		OMB Number:	3235-0287	
Check thi if no long								Expires:	January 31, 2005		
subject to Section 1 Form 4 or	ENT OF	F CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES					Estimated average burden hours per response 0.5				
Form 5 obligation may cont <i>See</i> Instru 1(b).	ns Section 17(a	a) of the P	ublic Ut		ling Con	ipany	y Act of	e Act of 1934, 7 1935 or Section 0	1		
(Print or Type F	Responses)										
1. Name and Address of Reporting Person <u>*</u> SANDERS RICHARD S JR			2. Issuer Name and Ticker or Trading Symbol TERRA INDUSTRIES INC [TRA]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First) (M	liddle)	3. Date of Earliest Transaction					(Chech	k all applicable)	
600 FOURTH STREET, P.O. BOX 6000			(Month/Day/Year) 02/28/2007					Director 10% Owner X Officer (give title Other (specify below) VP, Manufacturing			
F			4. If Amendment, Date Original Filed(Month/Day/Year)					 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 			
SIOUX CIT	Y, IA 51102-600	0						Person		porting	
(City)	(State) (Zip)	Tabl	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deem Execution any (Month/Da	Date, if	3. Transactio Code (Instr. 8) Code V	(Instr. 3,	spose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Indirect Beneficial	
Common Stock				Cour V	mount		Thee	10,717	I	By Trustee for Terra's 401(k) Plan	
Common Stock (1)	02/28/2007			А	8,900	А	\$ 17.45	150,542	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Titl Amou Under Secur (Instr.	int of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
SANDERS RICHARD S JR 600 FOURTH STREET P.O. BOX 6000 SIOUX CITY, IA 51102-6000			VP, Manufacturi	ng				
Signatures								
Debra J. Bliven, by Power of A Sanders Jr.		03/02/2007						

**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) This award consists of performance shares for the period ending 12/31/2009.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Date