MOSIER JAMES F Form 4

September 23, 2005

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

See Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading **MOSIER JAMES F** Issuer Symbol PICO HOLDINGS INC /NEW (Check all applicable) [PICO] (Last) (First) (Middle) 3. Date of Earliest Transaction Director 10% Owner Other (specify X_ Officer (give title (Month/Day/Year) below) 875 PROSPECT STREET, SUITE 09/21/2005 General Counsel & Secretary 301 (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person

LA JOLLA, CA 92037-4264

Form filed by More than One Reporting

(City)	(State) (Z	ip) Table	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned							
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securit on(A) or Dis (Instr. 3, 4)	sposed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
COMMON	09/21/2005		M	16,833	A	\$ 13.45	5,299 <u>(1)</u>	D		
COMMON	09/21/2005		D	16,833	D	\$ 33.23	5,299 <u>(1)</u>	D		
COMMON	09/21/2005		M	21,042	A	\$ 15	5,299 (1)	D		
COMMON	09/21/2005		D	21,042	D	\$ 33.23	5,299 (1)	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number of iorDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Underlying (Instr. 3 ar
				Code V			Date Exercisable	Expiration Date	Title
STOCK APPRECIATION RIGHTS	\$ 13.45	09/21/2005		M		16,833	07/17/2003	08/08/1988(2)	COMM
STOCK APPRECIATION RIGHTS	\$ 15	09/21/2005		M		21,042	07/17/2003	08/08/1988(2)	COMM

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

MOSIER JAMES F 875 PROSPECT STREET SUITE 301 LA JOLLA, CA 92037-4264

General Counsel & Secretary

Signatures

James F. Mosier 09/23/2005

**Signature of Person Date

Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) (1) Of these shares 2370 are held in a 401k Plan.
- (2) (2) There is no expiration date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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