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Moody-Dahlberg Frances A
Form 144
August 14, 2012

U.S. SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549
FORM 144

OMB APPROVAL
OMB Number: 3235-0101
Expires: December 31, 2006

**NOTICE OF PROPOSED SALE OF SECURITIES
PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933**

ATTENTION: *Transmit for filing 3 copies of this form concurrently with either placing an order with a broker to execute sale or executing a sale directly with a market maker.*

Estimated average burden hours per response . . . 4.47

SEC USE ONLY
DOCUMENT SEQUENCE NO.

CUSIP NUMBER

1(a) NAME OF ISSUER	(b) IRS IDENT. NO.	(c) S.E.C. FILE NO.	WORK LOCATION
American National Insurance Company	74-0484030	001-34280	

1(d) ADDRESS OF ISSUER	STREET	(e) TELEPHONE NO.
	One Moody Plaza	

CITY	STATE	ZIP CODE	AREA CODE AND NUMBER
Galveston	TX	77550	409 763-4661

NAME OF PERSON FOR WHOSE ACCOUNT THE SECURITIES ARE TO BE SOLD	IDENT. NO.	(c) RELATIONSHIP	(d) ADDRESS	CITY	STATE	ZIP CODE
Frances A. Moody-Dahlberg		Director	One Moody Plaza	Galveston	TX	77550

INSTRUCTION: The person filing this notice should contact the issuer to obtain the I.R.S. Identification Number and the S.E.C. File Number.
SEC USE

3(a)	(b)	ONLY	(c)	(d)	(e)	(f)	(g)
Name and Address of Each Broker Through Whom the Securities are to be Offered or Each Market Maker who is Acquiring the Securities							
Title of the Class of Securities	Broker-Dealer File Number	Shares or Other Units To Be Sold	Market Value	Number of Shares or Other Units Outstanding	Approximate Date of Sale	Name of Each Securities Exchange	
To Be Sold Common Stock	First Southwest Company, 325 North St. Paul, Suite 800,	(See instr. 3(c)) 1000	(See instr. 3(d)) \$70,740 (08/10/2012)	(See instr. 3(e)) 26,836,664 (07/31/2012)	(M0. DAY YR.) 08/17/2012	(See instr. 3(g)) NASDAQ	

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Dallas, TX 75201

1.

- (a) Name of issuer.
- (b) Issuer's IRS Identification Number.
- (c) Issuer's SEC file number, if any.
- (d) Issuer's address, including zip code.
- (e) Issuer's telephone number, including area code.

2.

- (a) Name of person for whose account the securities are to be sold.
- (b) Such person's or I.R.S. Identification number, if such a person is an entity.
- (c) Such person's relationship to the issuer (e.g., officer, director, 10 percent stockholder, or member of immediate family of any of the foregoing).
- (d) Such person's address, including zip code.

3.

- (a) Title of the class of securities to be sold.
- (b) Name and address of each broker through whom the securities are intended to be sold.
- (c) Number of shares or other units to be sold (if debt securities, give the aggregate face amount).
- (d) Aggregate market value of the securities to be sold as of a specified date within 10 days prior to the filing of this notice.
- (e) Number of shares or other units of the class outstanding, or if debt securities the face amount thereof outstanding, as shown by the most recent report or statement published by the issuer.
- (f) Approximate date on which the securities are to be sold.
- (g) Name of each securities exchange, if any, on which the securities are intended to be sold.

TABLE I - SECURITIES TO BE SOLD

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

Title of the Class	Date you	Nature of Acquisition	Transaction	Name of Person from	Amount of	Date of Payment	Nature of
	Acquired			Whom Acquired			
		Awarded by Issuer pursuant to Issuer's 1999 Stock					
Common Stock	08/01/2002	and Incentive Plan		American National Insurance Company	2000	N/A	N/A

INSTRUCTIONS: If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

TABLE II - SECURITIES SOLD DURING THE PAST 3 MONTHS

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

Name and Address of Seller	Title of Securities Sold	Date of Sale	Amount of Securities Sold	Gross Proceeds
Frances A. Moody-Dahlberg, One Moody Plaza, Galveston, TX 77550	N/A	N/A	N/A	N/A

Remarks:

INSTRUCTIONS:

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed.

August 14, 2012

Date of Notice

/s/ Frances A. Moody-Dahlberg

(Signature)

The notice shall be signed by the person for whose account the securities are to be sold. At least one copy of the notice shall be manually signed. Any copies not manually signed shall bear typed or printed signatures.

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ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)