GOSNEL THOMAS A

Form 4

December 15, 2004

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB 3235-0287

OMB APPROVAL

Number:

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Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and GOSNEL	Symbol	2. Issuer Name and Ticker or Trading Symbol ARVINMERITOR INC [ARM]			5. Relationship of Reporting Person(s) to Issuer					
					((Check all applicable)				
(Last)	(First)	,	of Earliest T	ransaction						
	•	(Month/Day/Year)			Director 10% Owner					
ARVINMI	135 12/14/	12/14/2004			X Officer (give title Other (specify below)					
WEST MA	APLE ROAD				· · · · · · · · · · · · · · · · · · ·	Sr. VP and President, CVS				
	(Street)	4. If An	4. If Amendment, Date Original			6. Individual or Joint/Group Filing(Check				
	Filed(M	Filed(Month/Day/Year)			Applicable Line) _X_ Form filed by One Reporting Person					
TROY, M					Form filed by More than One Reporting Person					
(City)	(State)	(Zip) Ta	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned							
1.Title of	2. Transaction Date	2A. Deemed	3.	4. Securities	5. Amount of	6.	7. Nature of			
Security	(Month/Day/Year)	Execution Date, if	Transaction	TransactionAcquired (A) or		Ownership	Indirect			
(Instr. 3)		any	Code	Disposed of (D)	Beneficially	Form:	Beneficial			
		(Month/Day/Year)	(Instr. 8)	(Instr. 3, 4 and 5)	Owned	Direct (D)	Ownership			

Security	(Month/Day/Year)	Execution Date, if	TransactionAcquired (A) or			Securities	Ownership	Indirect	
(Instr. 3)		any	Code	Disposed	of (D))	Beneficially	Form:	Beneficial
		(Month/Day/Year)	(Instr. 8)	(Instr. 3,	(Instr. 3, 4 and 5)		Owned	Direct (D)	Ownership
			Code V	Amount	(A) or (D)	Price	Following Reported Transaction(s) (Instr. 3 and 4)	or Indirect (I) (Instr. 4)	(Instr. 4)
Common Stock							2,306	D	
Common Stock							5,928	I	ArvinMeritor Savings Plan
Common Stock	12/14/2004	12/15/2004	J(2)	295	A	\$ 21	62,355	I	Restricted Stock (3)
Common Stock							2,201	I	Deferred Issuance (4)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (Instr. 8	5. etionNumber of S) Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)			7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Pric Deriva Securit (Instr.
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Common Stock Share Equivalents	\$ 0					<u>(6)</u>	<u>(6)</u>	Common Stock	15,083	

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

GOSNEL THOMAS A ARVINMERITOR, INC. 2135 WEST MAPLE ROAD TROY, MI 48084-7186

Sr. VP and President, CVS

Signatures

Thomas A. Gosnell By: Bonnie Wilkinson, Attorney-in-fact

12/15/2004

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares purchased periodically and held in ArvinMeritor common stock funds in an employee benefit trust established under the ArvinMeritor, Inc. Savings Plan, based on information furnished by the Plan Administrator as of November 30, 2004.
- (2) Acquisition of additional shares of restricted stock through reinvestment of quarterly dividend, based on information provided by restricted stock plan administrator.

Reporting Owners 2

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- (3) Held by the issuer to implement restrictions on transfer unless and until certain conditions are met.
- (4) Pursuant to agreement with the issuer, delivery of common stock is deferred until after termination of employment.
- (5) Share equivalents related to ArvinMeritor common stock, held under ArvinMeritor's supplemental savings plan, based on information furnished by the Plan Administrator as of November 30, 2004.
- (6) Inapplicable.

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