

Hartnett Jennifer E
 Form 3
 December 11, 2012

FORM 3 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0104
 Expires: January 31, 2005
 Estimated average burden hours per response... 0.5

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
 Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *		2. Date of Event Requiring Statement	3. Issuer Name and Ticker or Trading Symbol	
Â Hartnett Jennifer E		(Month/Day/Year)	EDIETS COM INC [DIET]	
(Last)	(First)	(Middle)	12/11/2012	
C/O 555 SW 12TH AVENUE,Â SUITE 210			4. Relationship of Reporting Person(s) to Issuer	5. If Amendment, Date Original Filed(Month/Day/Year)
(Street)			(Check all applicable)	
POMPANO BEACH,Â FLÂ 33069			<input type="checkbox"/> Director <input type="checkbox"/> 10% Owner	6. Individual or Joint/Group Filing(Check Applicable Line)
(City)	(State)	(Zip)	<input checked="" type="checkbox"/> Officer <input type="checkbox"/> Other	<input checked="" type="checkbox"/> Form filed by One Reporting Person
			Chief Executive Officer	<input type="checkbox"/> Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Beneficially Owned

1. Title of Security (Instr. 4)	2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indirect Beneficial Ownership (Instr. 5)
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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. SEC 1473 (7-02)

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)	3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)	4. Conversion or Exercise Price of Derivative Security	5. Ownership Form of Derivative Security: Direct (D) or Indirect (I)	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	

(Instr. 5)

Stock Options (right to buy)	Â (1)	02/07/2021	Common Stock	25,000	\$ 1.75	D	Â
Stock Options (right to buy)	Â (2)	03/15/2021	Common Stock	5,000	\$ 2.85	D	Â
Stock Options (right to buy)	Â (3)	12/20/2021	Common Stock	150,000	\$ 0.27	D	Â
Stock Options (right to buy)	05/16/2012	02/16/2022	Common Stock	40,000	\$ 0.55	D	Â
Stock Options (right to buy)	09/20/2012	06/22/2022	Common Stock	30,000	\$ 0.32	D	Â

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Hartnett Jennifer E C/O 555 SW 12TH AVENUE SUITE 210 POMPANO BEACH, FL 33069	Â	Â	Â Chief Executive Officer	Â

Signatures

/s/ Jennifer E.
Hartnett

12/11/2012

__Signature of
Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Exercisable according to the following vesting schedule: 8,250 beginning on February 7, 2012; 8,250 beginning on February 7, 2013 and 8,500 beginning on February 7, 2014.
- (2) Exercisable according to the following vesting schedule: 1,650 beginning on March 15, 2012; 1,650 beginning on March 15, 2013 and 1,700 beginning on March 15, 2014.
- (3) Exercisable according to the following vesting schedule: 49,500 beginning on December 20, 2012; 49,500 beginning on December 20, 2013 and 51,000 beginning on December 20, 2014.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.