Edgar Filing: USANA HEALTH SCIENCES INC - Form 4

USANA HI Form 4 July 15, 201	EALTH SCIENC	ES INC										
FORM	1 4 _{UNITED}	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section								PROVAL 3235-0287		
Check t if no lor subject Section Form 4 Form 5 obligation may con <i>See</i> Inst 1(b).	nger to 16. or Filed put ons ntinue.									January 31, 2005 average urs per 0.5		
(Print or Type	Responses)											
Gull Global Ltd Symbol				Is Is In the second sec				Issuer	. Relationship of Reporting Person(s) to ssuer (Check all applicable)			
				e of Earliest Transaction h/Day/Year)be b/2016				Director X 10% Owner Officer (give title Other (specify below)				
				Annth/Day/Year) Ap				5. Individual or Joint/Group Filing(Check Applicable Line) X_Form filed by One Reporting Person				
NASSAU,	C5 BH1-1000							Form filed by Mo Person				
(City)	(State)	(Zip)	Tal	ble I - Non-	-Derivative	e Secu	rities Acqu	iired, Disposed of,	or Beneficiall	y Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deeme Execution any (Month/Da	Date, if	3. Transactio Code (Instr. 8) Code V	4. Securit orDisposed (Instr. 3, 4 Amount	of (D)	5) Price	or 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock	07/13/2016			S	10,000 (1) (2)	D	\$ 118.960 (3)	9 6,349,110	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Amou Unde Secur	le and unt of rlying rities . 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Ad	Relationships						
toporning of the common common common	Director	10% Owner	Officer	Other			
Gull Global Ltd PO BOX N-4899, 2/F BAHAMAS FII SHIRLEY & CHARLOTTE STREET NASSAU, C5 BH1-1000		Х					
Signatures							
James Bramble, as attorney in fact.	07/15/2016						
**Signature of Reporting Person	Date						

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The holder of record of the shares of Common Stock disposed is Gull Global Limited, an entity wholly indirectly owned and controlled by Dr. Myron W. Wentz.
- (2) The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on August 18, 2015.

Weighted average price. Price range in multiple transactions was \$118.125 to \$120.11, inclusive. The reporting person undertakes to (3) provide USANA Health Sciences, Inc., any security holder thereof or the staff at the Securities and Exchange Commission information

regarding the number of shares sold at each price within the ranges set forth.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.