BINDER STEVEN G

Form 4

August 27, 2009

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

2. Issuer Name and Ticker or Trading

HORMEL FOODS CORP /DE/

OMB 3235-0287

Washington, D.C. 20549

Number: January 31, Expires: 2005

0.5

OMB APPROVAL

if no longer subject to Section 16. Form 4 or Form 5

Check this box

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF Estimated average **SECURITIES** burden hours per

Issuer

response...

5. Relationship of Reporting Person(s) to

(Check all applicable)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

Symbol

1(b).

(Print or Type Responses)

BINDER STEVEN G

1. Name and Address of Reporting Person *

		[[HRL]					(Check all applicable)			
(Last) (First) (Middle) 1 HORMEL PLACE			3. Date of Earliest Transaction (Month/Day/Year) 08/21/2009					Director 10% Owner _X_ Officer (give title Other (specify below) Group Vice President			
AUSTIN, I		4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									ally Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemec Execution D any (Month/Day	Date, if Tra Coo y/Year) (Ins		4. Securition(A) or Dis (Instr. 3, 4)	sposed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	08/26/2009		M	1	30,000	A	\$ 26.09	30,136	D		
Common Stock	08/26/2009		F	7	20,983	D	\$ 37.3	9,153	D		
Common Stock	08/26/2009		F	7	2,949	D	\$ 37.3	6,204	D		
Common Stock	08/21/2009		G	3	554	D	\$ 0	32,908.9029	I	Spouse's Revocable Trust	
Common Stock	08/26/2009		G	3	6,068	D	\$0	136 (3)	D		

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Spouse's Common 08/26/2009 G \$0 38,976.9029 Revocable 6,068 Stock Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of onDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options (Right to Buy)	\$ 26.09	08/26/2009		M <u>(1)</u>	30,000	<u>(2)</u>	01/17/2012	Common Stock	30,000

Reporting Owners

Relationships Reporting Owner Name / Address

> Other Director 10% Owner Officer

BINDER STEVEN G 1 HORMEL PLACE AUSTIN, MN 55912

Group Vice President

Signatures

Steven G. Binder, by Power of 08/27/2009 Attorney

> **Signature of Reporting Person Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Reporting Person has exercised Stock Withholding Rights in connection with this option exercise, as reflected on Table I.
- (2) The option vested in four equal annual installments, with the first group vesting on January 17, 2003.

Reporting Owners 2

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(3) Reporting Person also holds 2,568 shares of phantom stock in his deferred account; he has indirect holdings of 1,238 shares in the JEPST Trust.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.