ENERGY EAST CORP

Form 5

January 28, 2003

Check this box if no

obligations may continue.

Form 4 or Form 5

See Instruction 1(b).

_ Form 3 Holdings

Form 4 Transactions

Reported

Reported

FORM 5

longer subject to Section 16.

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0362 Expires: January 31, 2005 Estimated average burden hours per response. . . 0.5

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

Filed By Romeo and Dye's Section 16 Filer www.section16.net

1. Name and Ado McClain, F. Mic	2. Issuer Nan Energy East				of Reporting all applicable)						
(2000) (1100)			of Reporting Person,				n/	Director			
								Vice President, Energy East Management Corporation, an affiliate company of Energy East Corporation			
	(Street)								Joint/Group Filing		
Cumberland, M						(Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	Table	I Non-De	rivativ	rities Acquired, Dispo	sposed of, or Beneficially Owned						
1. Title of Security (Instr. 3)	ity action Execution action		3. Trans- action Code (A) or Disposed of (Instr. 8) (Instr. 3, 4 & 5)				5. Amount of Securities Beneficially	. 1	7. Nature of Indirect Beneficial		
	(Month/ Day/ Year)	if any (Month/Day/ Year)		Amount	(A) or (D)	Price	Owned at End of Issuer's Fiscal year (Instr. 3 & 4)	or Indirect (I) (Instr. 4)	Ownership (Instr. 4)		
Common Stock							190.1329	<u>D</u>			
Common Stock							474.7040 <u>-</u>	<u>D</u>	By 401(k) Plan		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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FORM 5 (continued) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2. Conver-	3.	3A.	4.	5.	6. Date Exercisable	7. Title and Amount	8. Price of	9. Number	10.	11. Natı
Derivative	sion or	Trans-	Deemed	Trans-	Number	and Expiration	of Underlying	Derivative	of	Owner-	of Indir

^{*} If the form is filed by more than one reporting person, see Instruction 4(b)(v).

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Security (Instr. 3)		Date	Execution Date, if any (Month/ Day/ Year)	Code	of Date Derivati (Month/Day/ Securiti (Sear) Acquired (A) or Disposed of (D) (Instr. 3, 4 & 5)			Securities (Instr. 3 &		Security (Instr. 5)	Securities Beneficially Owned at End of Year (Instr. 4)	Form	Benefic Owners (Instr. 4
					(A) (l	D) Date Exer-cisabl	Expira- e tion Date	Title	Amount or Number of Shares				
Employee Stock Option (right to buy) / SAR (2)	18.5500					(4)	2/1/11	Common Stock	60000.000		60000.000	D	
Employee Stock Option (right to buy) / SAR (2)	19.6200					(3)		Common Stock	60000.000		60000.000		
NEON Communicatons, Inc., EE Stock Option (right to buy) ⁽⁶⁾	12.0000					(6)	(6)	Common Stock	16241.000		16241.000	D	
NEON Communicatons, Inc., EE Stock Option (right to buy) ⁽⁶⁾	15.2500					(6)	(6)	Common Stock	18682.000		18682.000	D	
NEON Communicatons, Inc., EE Stock Option (right to buy) ⁽⁶⁾	46.0000					(6)	(6)	Common Stock	18811.000		18811.000	D	
NEON Communicatons, Inc., EE Stock Option (right to buy) ⁽⁶⁾	4.7500					(6)	(6)	Common Stock	21335.000		21335.000	D	

Explanation of Responses:

- (1) Includes equity securities acquired with participant contributions, Company matching fund contributions, and reinvested dividends pursuant to the common stock fund of the Company's 401(k) Plan which are exempt from reporting.
- (2) The Stock Appreciation Right (SAR) was issued in tandem with an Employee Stock Option (right to buy). The exercise of a SAR will result in the corresponding cancellation of the Employee Stock Option (right to buy) to the extent of the number of shares of the Company's Common Stock as to which SARs are exercised. The exercise of the Employee Stock Option (right to buy) will result in the corresponding cancellation of a SAR to the extent of the number of shares of the Company's Common Stock as to which the Employee Stock Option (right to buy) is exercised.
- (3) The option is exercisable in three installments regarding the original number of options granted as follows: (a) in aggregate as to no more than 33 1/3% on February 8, 2002; (b) in aggregate as to no more than 66 2/3% on January 1, 2003; and (c) on January 1, 2004 as to 100% of all options which have not been previously exercised.
- (4) The option is exercisable in three installments regarding the original number of options granted as follows: (a) in aggregate as to no more than 33 1/3% on February 1, 2001; (b) in aggregate as to no more than 66 2/3% on January 1, 2002; and (c) on January 1, 2003 as to 100% of all options which have not been previously exercised.
- (5) Includes equity securities acquired with reinvested dividends which are exempt from reporting under Rule 16a-11.
- (6) The common stock and stock options of NEON Communications, Inc. have no value to the beneficially owner as a result of backruptcy proceedings regarding NEON Communications, Inc. The beneficial owner received no monetary consideration regarding the common stock and stock options of NEON Communications, Inc. NEON Communications, Inc. was a subsuduary corporation of Energy East Corporation.

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By: /s/ F. Michael McClain

1/26/03

Date

**Signature of Reporting Person

**Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, See Instruction 6 for procedure.

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