WENTZ MYRON W

Form 4

February 05, 2019

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

SECURITIES

OMB Number:

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January 31, 2005

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

may continue.

See Instruction

1. Name and Address of Reporting Person * WENTZ MYRON W

2. Issuer Name and Ticker or Trading

5. Relationship of Reporting Person(s) to Issuer

Symbol

USANA HEALTH SCIENCES INC

(Check all applicable)

[USNA]

(Last)

3. Date of Earliest Transaction

_X__ Director Officer (give title

10% Owner _ Other (specify

(Month/Day/Year) 02/01/2019

C/O USANA HEALTH SCIENCES. INC., 3838 WEST PARKWAY

(Street)

(First)

BLVD

(Middle)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

SALT LAKE CITY, UT 84120

(City)	(State)	(Zip) Tabl	le I - Non-I	Derivative	Secu	rities Acqu	ired, Disposed of	, or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securi on(A) or D (Instr. 3,	ispose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	02/01/2019		S <u>(1)</u>	8,662	D	\$ 114.34 (2) (3)	9,886,952 (12)	I	Shares owned of record by Gull Global Limited (4)
Common Stock	02/01/2019		S <u>(1)</u>	2,910	D	\$ 115.57 (3) (5)	9,884,042	I	Shares owned of record by Gull

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							Global Limited (4)
Common Stock	02/01/2019	S <u>(1)</u>	8,354	D	\$ 116.2 (3) (6) 9,875,688	I	Shares owned of record by Gull Global Limited (4)
Common Stock	02/01/2019	S <u>(1)</u>	719	D	\$ 116.97 9,874,969 (3) (7)	I	Shares owned of record by Gull Global Limited (4)
Common Stock	02/04/2019	S <u>(1)</u>	1,400	D	\$ 114.19 9,873,569 (3) (8)	I	Shares owned of record by Gull Global Limited (4)
Common Stock	02/04/2019	S(1)	2,600	D	\$ 115.32 9,870,969 (3) (9)	I	Shares owned of record by Gull Global Limited (4)
Common Stock	02/04/2019	S(1)	4,555	D	\$ 116.32 9,866,414 (3) (10)	I	Shares owned of record by Gull Global Limited (4)
Common Stock	02/04/2019	<u>S(1)</u>	800	D	\$ 116.9 (3) (11) 9,865,614	I	Shares owned of record by Gull Global Limited (4)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

(9-02)

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	2.	3. Transaction Date		4.	5.	6. Date Exerc		7. Titl		8. Price of	9. Nu
Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative Security	(Month/Day/Year)	Execution Date, if any (Month/Day/Year)	Transact Code (Instr. 8)	orNumber of Derivativ Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	:		Amou Under Securi (Instr.	lying	Derivative Security (Instr. 5)	Deriv Secur Bene Own Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

WENTZ MYRON W C/O USANA HEALTH SCIENCES, INC. 3838 WEST PARKWAY BLVD SALT LAKE CITY, UT 84120



Signatures

/s/ Valarie A. Hing, Attorney in Fact

02/05/2019

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This sale was effected pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person.
- (2) Weighted average price. Price range in multiple transactions was \$113.94 to \$114.93, inclusive.
- (3) The reporting person undertakes to provide USANA Health Sciences, Inc., any security holder thereof or the staff of the Securities Exchange Commission information regarding the number of shares sold at each price within the ranges set forth.
- (4) The holder of record of the shares of Common Stock disposed of is Gull Global Limited, an entity wholly indirectly owned and controlled by Dr. Myron W. Wentz.
- (5) Weighted average price. Price range in multiple transactions was \$114.94 to \$115.93, inclusive.
- (6) Weighted average price. Price range in multiple transactions was \$115.94 to \$116.80, inclusive.
- (7) Weighted average price. Price range in multiple transactions was \$116.94 to \$117.10, inclusive.
- (8) Weighted average price. Price range in multiple transactions was \$113.70 to \$114.68, inclusive.
- (9) Weighted average price. Price range in multiple transactions was \$114.82 to \$115.81, inclusive.
- (10) Weighted average price. Price range in multiple transactions was \$115.82 to \$116.76, inclusive.
- (11) Weighted average price. Price range in multiple transactions was \$116.82 to \$117.00, inclusive.

Reporting Owners 3

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The total number of outstanding shares reflects 300 shares fewer than the total number of shares last reported as beneficially owned on a (12) Form 4 filed on January 4, 2019, which 300 shares were sold on January 4, 2019, at an average weighted price of \$115.00, with actual prices ranging from \$114.71 to \$115.67 (and were in addition to the sales reported on the Form 4 filed on January 4, 2019).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.