Edgar Filing: WENTZ MYRON W - Form 4

Form 4												
August 07, 2										PPROVAL		
FORM	4 UNITED	STATES					IGE CO	OMMISSION	OMB Number:	3235-0287		
Check th if no long subject to Section 1 Form 4 c Form 5	ger 5 STATEN 16. 5 Filed put	Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,								Expires:January 31, 2005Estimated average burden hours per response0.5		
obligatio may com <i>See</i> Instr 1(b). (Print or Type I	tinue. Section 176 uction			•	ding Comj t Company			1935 or Section	I			
1. Name and Address of Reporting Person <u>*</u> WENTZ MYRON W			2. Issuer Name and Ticker or Trading Symbol USANA HEALTH SCIENCES INC					5. Relationship of Reporting Person(s) to Issuer				
			A]				(Check all applicable)					
(Month/I				te of Earliest Transaction . th/Day/Year)				X_ Director 10% Owner Officer (give title Other (specify below) below)				
	A HEALTH SCI WEST PARKW		08/03/2	2018				,	,			
				nendment, Date Original Ionth/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 				
(City)	(State)	(Zip)				•.		Person				
		-					-	ired, Disposed of,		•		
1.Title of Security 2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Date, if any (Month/Day/Year)		n Date, if	Code (Instr. 3, 4 and 5) Year) (Instr. 8) (A) or				5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
Common Stock	08/03/2018			S	50,000	D	\$ 131.6	10,305,614	I	Shares owned of record by Gull Global Limited (1)		
Common Stock	08/06/2018			S	100,000	D	\$ 131	10,205,614	Ι	Shares owned of record by		

Edgar Filing: WENTZ MYRON W - Form 4

									ll obal nited	
Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number. SEC 1474 (9-02)										
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)										
Security or E (Instr. 3) Price	version (Month/Day/Ye xercise e of vative	Date 3A. Deemed ar) Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	of	3	ate	Amo Unde Secur	le and unt of rlying rities . 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owno Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address		Relationships						
Reporting 6 when runne / runness	Director	10% Owner	Officer	Other				
WENTZ MYRON W C/O USANA HEALTH SCIENCES, INC 3838 WEST PARKWAY BLVD SALT LAKE CITY, UT 84120	X X							
Signatures								
/s/ Valarie A. Hing, Attorney in fact	08/07/2018							

**Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) The holder of record of the shares of Common Stock disposed of is Gull Global Limited, an entity wholly indirectly owned and controlled by Dr. Myron W. Wentz.

Edgar Filing: WENTZ MYRON W - Form 4

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.