#### Jamison Delos Cy Form 3 September 01, 2011 UNITED STATES SECURITIES AND EXCHANGE COMMISSION OMB APPROVAL FORM 3 Washington, D.C. 20549 OMB Number:

### **INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

#### (Print or Type Responses)

1. Name and Address of Reporting Person <u>*</u> Jamison Delos Cy			2. Date of Event Requiring Statement (Month/Day/Year)	3. Issuer Name <b>and</b> Ticker or Trading Symbol NORTHERN OIL & GAS, INC. [N O G]					
(Last)	(First)	(Middle)	08/30/2011	0/2011 4. Relationship of Reporting Person(s) to Issuer		ç	5. If Amendment, Date Original Filed(Month/Day/Year)		
315 MANITOBA AVE, SUITE 200				(Check all applicable)			, , , , , , , , , , , , , , , , , , ,		
(Street) WAYZATA, MN 55391				Officer 10% Owner Officer Other (give title below) (specify below)		:	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One		
(City)	(State)	(Zip)	Table I - N	Non-Derivat	ive Securiti	es Bei	Reporting Person neficially Owned		
1.Title of Secu (Instr. 4)	rity		2. Amount o Beneficially (Instr. 4)		3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nat Owne (Instr.	*		
Common St	ock		0		D	Â			
Reminder: Rep owned directly	-		ach class of securities benefic	<sup>ially</sup> S	EC 1473 (7-02	.)			
	Perso inforr requi	ons who res nation cont red to respo	pond to the collection of ained in this form are not ond unless the form disp MB control number.	t					

#### Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security	2. Date Exercisable and	3. Title and Amount of	4.	5.	6. Nature of Indirect
(Instr. 4)	Expiration Date	Securities Underlying	Conversion	Ownership	Beneficial Ownership
	(Month/Day/Year)	Derivative Security	or Exercise	Form of	(Instr. 5)
		(Instr. 4)	Price of	Derivative	
		Title	Derivative	Security:	
			Security	Direct (D)	

3235-0104

January 31,

2005

0.5

Expires:

response...

Estimated average burden hours per

### Edgar Filing: Jamison Delos Cy - Form 3

Date	Expiration	Amount or	or Indirect
Exercisable	Date	Number of	(I)
		Shares	(Instr. 5)

# **Reporting Owners**

<b>Reporting Owner Name /</b>	Relationships					
	Director	Director 10% Owner		Officer Other		
Jamison Delos Cy 315 MANITOBA AVE, SI WAYZATA, MN 5539	ÂX	Â	Â	Â		
Signatures						
/s/ Delos Cy Jamison	09/01/201	1				
<b>**</b> Signature of Reporting Person	Date					

## **Explanation of Responses:**

\* If the form is filed by more than one reporting person, see Instruction 5(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.