REGER MICHAEL LEWIS

Form 5

February 14, 2011

OMB APPROVAL FORM 5

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UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

Reported Form 4

1(b).

Common

Common

Common

Common

Stock

Stock

Stock

Stock

01/20/2010

01/20/2010

03/26/2010

07/01/2010

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Transactions Reported

	Address of Reporting Pe ICHAEL LEWIS	Symbol	NORTHERN OIL & GAS, INC. [N			5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last)		(Month/D 12/31/20	ay/Year)	Fiscal Year Ended	below)	irector 10% Owner fficer (give title Other (specify below) C E O				
315 MANITOBA AVE, SUITE 200										
	(Street)	4. If Ame	ndment, Date	Original	6. Individual or Joint/Group Reporting					
		Filed(Mon	Filed(Month/Day/Year)			(check applicable line)				
WAYZATA	A, MN 55391				_X_ Form Filed by Form Filed by Person	One Reporting Po				
(City)	(State) (Z	Zip) Table	e I - Non-Der	ivative Securities Acc	quired, Disposed o	f, or Beneficial	ly Owned			
1.Title of Security (Instr. 3)	•	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquire (A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or Amount (D) Pri	Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	6. Ownership 7. Nature of Form: Direct Indirect (D) or Beneficial Indirect (I) Ownership (Instr. 4) (Instr. 4)				

500

25,000

2,000

75,000 D

D

D

D

\$0

\$0

\$0

\$0

3,766,198

3,741,198

3,739,198

3,664,198

D

D

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D

G

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Common Stock	07/01/2010	Â	G	75,000	D	\$0	3,589,198	D	Â
Common Stock	07/26/2010	Â	G	10,000	D	\$0	3,579,198	D	Â
Common Stock	08/18/2010	Â	G	500	D	\$0	3,578,698	D	Â
Common Stock	08/18/2010	Â	G	500	D	\$ 0	3,578,198	D	Â
Common Stock	12/23/2010	Â	G	27,500	D	\$ 0	3,550,698	D	Â
Common Stock	Â	Â	Â	Â	Â	Â	1,000	I	By Wife

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 2270 (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Titl	e and	8. Price of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transaction	Number	Expiration D	ate	Amou	nt of	Derivative
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	lying	Security
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securi	ities	(Instr. 5)
	Derivative				Securities			(Instr.	3 and 4)	
	Security				Acquired					
	•				(A) or					
					Disposed					
					of (D)					
					(Instr. 3,					
					4, and 5)					
					, ,					
									Amount	
						Date	Expiration		or	
						Exercisable	Date	Title	Number	
						LACICISABIC	Dute		of	
					(A) (D)				Shares	

Relationships

Reporting Owners

Reporting Owner Name / Address

Director 10% Owner Officer Other

REGER MICHAEL LEWIS 315 MANITOBA AVE, SUITE 200 Â X Â Â C. - E. - O. - Â WAYZATA, MNÂ 55391

Signatures

/s/ Michael L. Reger 02/14/2011

Date

Reporting Owners 2

**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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