Hink Kirsten A Form 4 March 05, 2019

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL

Number: 3235-0287

Expires: January 31, 2005
Estimated average

burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations

1(b).

may continue.

See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Ad Hink Kirsten	ddress of Reporting Person * A	2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer		
		Sanchez Energy Corp [SNEC]	(Check all applicable)		
(Last)	(First) (Middle)	3. Date of Earliest Transaction			
1000 MAIN	STREET, SUITE 3000	(Month/Day/Year) 03/01/2019	Director 10% OwnerX Officer (give title Other (specify below) SVP and CAO		
	(Street)	4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
HOUSTON	TV 77002	Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting		

HOUSTON, TX 77002

(Ctata)

(City)	(State) (Z	Zip) Table	e I - Non-De	erivative S	Securi	ties Acq	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		3. Transactio Code (Instr. 8)	4. Securities Acquired ion(A) or Disposed of (D) (Instr. 3, 4 and 5)		Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	03/01/2019		Code V M	Amount 5,000	(D) A	Price (1)	(Instr. 3 and 4) 142,977	D	
Common Stock	03/01/2019		D	5,000	D	\$ 0.26	137,977	D	
Common Stock	03/01/2019		F	1,483	D	\$ 0.26	136,494	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Person

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number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisab Date (Month/Day/Year	•	7. Title and A Underlying S (Instr. 3 and	Securitie
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amou or Numb of Shares
Phantom Stock	<u>(1)</u>	03/01/2019		M	5,000	03/01/2019(2)	03/01/2019(2)	Common Stock	5,00

Reporting Owners

Reporting Owner Name / Address	Relationships
Reporting Owner Name / Address	

Director 10% Owner Officer Other

Hink Kirsten A

1000 MAIN STREET, SUITE 3000 SVP and CAO

HOUSTON, TX 77002

Signatures

/s/ Kirsten A. 03/05/2019 Hink

**Signature of Date Reporting Person

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Each share of phantom stock is the economic equivalent of one share of the Issuer's common stock, par value \$0.01 per share. The **(1)** Reporting Person settled her shares of phantom stock for cash.
- (2) Phantom stock is payable only in cash, which vests in equal annual increments over a three-year period.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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