Pacific Coast Oil Trust Form 8-K January 23, 2014

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): January 23, 2014

Pacific Coast Oil Trust

(Exact name of registrant as specified in its charter)

Delaware (State or other jurisdiction of incorporation)

1-35532 (Commission File Number) **80-6216242** (IRS Employer Identification No.)

The Bank of New York Mellon Trust Company, N.A., Trustee
Global Corporate Trust
919 Congress Avenue
Austin, Texas
(Address of principal executive offices)

78701 (Zip Code)

Registrant s telephone number, including area code: (512) 236-6555

Not Applicable

(Former name or former address, if changed since last report.)

Check the appropriate box the following provisions:	below if the Form 8-K filing is intended	to simultaneously satisfy the filing obligation of the registrant under any of
o Written communications	pursuant to Rule 425 under the Securiti	es Act (17 CFR 230.425)
o Soliciting material pursua	ant to Rule 14a-12 under the Exchange	Act (17 CFR 240.14a-12)
o Pre-commencement com	umunications pursuant to Rule 14d-2(b) t	under the Exchange Act (17 CFR 240.14d-2(b))
o Pre-commencement com	umunications pursuant to Rule 13e-4(c) u	under the Exchange Act (17 CFR 240.13e-4(c))

Item 2.02 Results of Operations and Financial Condition.

On January 23, 2014, Pacific Coast Oil Trust issued a press release announcing Pacific Coast Oil Trust s expected distribution to be made in February 2014. A copy of the press release is furnished as Exhibit 99.1 hereto and is incorporated herein by reference.

Pursuant to General Instruction B.2 of Form 8-K and Securities and Exchange Commission Release No. 33-8176, the press release attached as Exhibit 99.1 is not filed for purposes of Section 18 of the Securities Exchange Act of 1934, as amended, is not subject to the liabilities of that section and is not deemed incorporated by reference in any filing under the Securities Act of 1933, as amended, but is instead furnished for purposes of that instruction.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits.

Exhibit 99.1 Pacific Coast Oil Trust Press Release dated January 23, 2014.

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Pacific Coast Oil Trust

By: The Bank of New York Mellon Trust Company, N.A.,

as Trustee

Date: January 23, 2014 By: /s/ Sarah Newell

Sarah Newell Vice President

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EXHIBIT INDEX

Pacific Coast Oil Trust Press Release dated January 23, 2014.

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