

WORTHINGTON INDUSTRIES INC  
 Form 144  
 January 20, 2012

UNITED STATES  
 SECURITIES AND EXCHANGE COMMISSION  
 Washington, D.C. 20549

OMB APPROVAL  
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FORM 144  
 NOTICE OF PROPOSED SALE OF SECURITIES

PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933  
 ATTENTION: Transmit for filing 3 copies of this form concurrently with either placing an order with a broker to execute sale or executing a sale directly with a market maker.

SEC USE ONLY  
 DOCUMENT SEQUENCE NO.  
 CUSIP NUMBER

1 (a) NAME OF ISSUER (Please type or print) (b) IRS IDENT. NO. (c) S.E.C. FILE NO.  
 WORTHINGTON INDUSTRIES, INC. 31-1189815 1-8399

WORK LOCATION

1 (d) ADDRESS OF ISSURER  
 CODE

STREET

(e) TELEPHONE NO.  
 AREA CODE NUMBER STATE ZIP  
 614 438-3210

200 ROAD COLUMBUS

OLD WILSON BRIDGE  
 OH 43085

2 (a) NAME OF PERSON FOR WHOSE ACCOUNT THE SECURITIES ARE TO BE SOLD

(b) RELATIONSHIP TO ISSUER (c) ADDRESS STREET  
 AS TO WHICH AFFILIATE OF ISSUER IS A CO-EXECUTOR  
 200 OLD WILSON BRIDGE ROAD

CITY STATE ZIP CODE  
 COLUMBUS OH 43085

THE ESTATE OF JOHN H. McCONNELL

ESTATE AS TO WHICH AFFILIATE OF ISSUER IS A CO-EXECUTOR

INSTRUCTION: The person filing this notice should contact the issuer to obtain the I.R.S. Identification Number and the S.E.C. File Number.

| 3 (a)<br>Title of the Class of Securities To Be Sold | (b)<br>Name and Address of Each Broker Through Whom the Securities are to be | SEC USE ONLY<br>Broker-Dealer File Number | (c)<br>Number of Shares or Other Units To Be | (d)<br>Aggregate Market Value (See instr. 3(d)) | (e)<br>Number of Shares Or Other Units Outstanding | (f)<br>Approximate Date of Sale (See instr. 3(f)) (MO. DAY YR.) | (g)<br>Name of Each Securities Exchange (See instr. |
|--|--|---|--|---|--|---|---|
|--|--|---|--|---|--|---|---|

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|                  | Offered or Each<br>Market Maker<br>who is Acquiring the<br>Securities  | Sold<br>(See<br>instr.<br>3(c)) | (See instr.<br>3(e))  | 3(g)  |
|------------------|--|---------------------------------|---|---|
| COMMON<br>SHARES | Huntington Investment<br>Company<br>Huntington Center<br>41 South High Street,<br>2nd Fl<br>Mail Code HC0220<br>Columbus,<br>OH 43215-6101 | 442,600                         | \$8,431,530<br>(This amount is<br>based on<br>the closing<br>price of the<br>common<br>shares on<br>01-18-12<br>which was<br>\$19.05) | 69,450,591<br><br><br><br><br><br><br><br><br><br><br>01/20/2012 NYSE |

INSTRUCTIONS:

1. (a) Name of issuer  
(b) Issuer's I.R.S. Identification Number  
(c) Issuer's S.E.C. file number, if any  
(d) Issuer's address, including zip code  
(e) Issuer's telephone number, including area code
2. (a) Name of person for whose account the securities are to be sold  
(b) Such person's relationship to the issuer (e.g., officer, director, 10% stockholder, or member of immediate family of any of the foregoing)  
(c) Such person's address, including zip code
3. (a) Title of the class of securities to be sold  
(b) Name and address of each broker through whom the securities are intended to be sold  
(c) Number of shares or other units to be sold (if debt securities, give the aggregate face amount)  
(d) Aggregate market value of the securities to be sold as of a specified date within 10 days prior to filing of this notice  
(e) Number of shares or other units of the class outstanding, or if debt securities the face amount thereof outstanding, as shown by the most recent report or statement published by the issuer  
(f) Approximate date on which the securities are to be sold  
(g) Name of each securities exchange, if any, on which the securities are intended to be sold

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1147 (02-08)

TABLE I – SECURITIES TO BE SOLD

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

| Title of the Class | Date you Acquired | Nature of Acquisition Transaction  | Name of Person from Whom Acquired (if gift, also give date donor acquired) | Amount of Securities Acquired | Date of Payment | Nature of Payment |
|--------------------|-------------------|--|--|-------------------------------|-----------------|-------------------|
| common shares      | 04-25-2008        | On 04-25-2008, John H. McConnell passed away and 1,642,600 common shares went into the Estate of John H. McConnell | John H. McConnell  | 1,642,600                     | None            | None              |

INSTRUCTIONS: If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid

TABLE II – SECURITIES SOLD DURING THE PAST 3 MONTHS

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

| Name and Address of Seller | Title of Securities Sold | Date of Sale | Amount of Securities Sold | Gross Proceeds |
|----------------------------|--------------------------|--------------|---------------------------|----------------|
| N/A                        |                          |              |                           |                |
| REMARKS:                   |                          |              |                           |                |

INSTRUCTIONS:

ATTENTION:

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that person for whose account the securities are to be sold he does not know any material adverse information in regard to but also as to all other persons included in that the current and prospective operations of the Issuer of the definition. In addition, information shall be given as securities to be sold which has not been publicly disclosed. If to sales by all persons whose sales are required by such person has adopted a written trading plan or given trading paragraph (e) of Rule 144 to be aggregated with sales instructions to satisfy Rule 10b5-1 under the Exchange Act, by

for the account of the person filing this notice.

signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

\_\_\_\_\_  
DATE OF NOTICE

01/20/12

\_\_\_\_\_  
THE ESTATE OF JOHN H. McCONNELL

By: /s/ John P. McConnell  
Minor

By: /s/ Daniel

John P. McConnell,  
as co-executor  
co-executor

Daniel Minor,  
as

The notice shall be signed by the person for whose account the securities are to be sold. At least one copy of the notice shall be manually signed. Any copies not manually signed shall bear typed or printed signatures.

\_\_\_\_\_  
DATE OF PLAN ADOPTION OR GIVING OF  
INSTRUCTION,  
IF RELYING ON RULE 10B5-1

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)

1/06/2010 7439337

SEC 1147 (02-08)