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TOMPKINS FINANCIAL CORP  
 Form 13F-HR  
 October 19, 2009

NAME OF ISSUER	TITLE OF CLASS	CUSIP	FORM 13F INFORMATION TABLE				O
			VALUE (X\$1000)	SHARES/ PRN AMT	SH/ PRN CALL	PUT/ DSCRETN	
DEUTSCHE BANK AG	NAMEN AKT	D18190898	2	25	SH		DEFINED
ACCENTURE PLC		G1151C101	75	2000	SH		DEFINED
BUNGE LTD		G16962105	1	10	SH		DEFINED
COOPER INDUSTRIES LTD	CLASS A	G24140108	56	1495	SH		SOLE
INGERSOLL RAND PUBLIC LTD CO		G47791101	1	35	SH		DEFINED
NABORS INDUSTRIES LTD		G6359F103	5	230	SH		SOLE
XL CAP LTD	CL A	G98255105	1	50	SH		DEFINED
ACE LIMITED		H0023R105	1	14	SH		DEFINED
ALCON INC.		H01301102	1	9	SH		DEFINED
NOBLE CORPORATION		H5833N103	1208	31825	SH		SOLE
NOBLE CORPORATION		H5833N103	8	200	SH		DEFINED
TRANSOCEAN LTD		H8817H100	17	204	SH		SOLE
TYCO ELECTRONICS LTD F		H8912P106	2	75	SH		DEFINED
TYCO INTERNATIONAL LTD NEW F		H89128104	23	661	SH		SOLE
VERIGY LTD		Y93691106	0	37	SH		SOLE
AFLAC INC	COM	001055102	197	4600	SH		SOLE
AK STL HLDG CORP	COM	001547108	1	30	SH		DEFINED
AT&T INC	COM	00206R102	4166	154301	SH		SOLE
AT&T INC	COM	00206R102	197	7304	SH		DEFINED
ABBOTT LABS	COM	002824100	1578	31905	SH		SOLE
ABBOTT LABS	COM	002824100	66	1325	SH		DEFINED
ADVANCED AUTO PARTS INC		00751Y106	24	620	SH		SOLE
AETNA INC NEW	COM	00817Y108	66	2360	SH		SOLE
AETNA INC NEW	COM	00817Y108	1	45	SH		DEFINED
AFFILIATED COMPUTER SERVICESCL A		008190100	34	630	SH		SOLE
AGILENT TECHNOLOGIES INC	COM	00846U101	8	305	SH		SOLE
AIR PRODS & CHEMS INC	COM	009158106	1293	16662	SH		SOLE
AIR PRODS & CHEMS INC	COM	009158106	8	106	SH		DEFINED
ALCOA INC	COM	013817101	161	12302	SH		SOLE

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			VALUE (X\$1000)	SHARES/ PRN AMT	SH/ PRN CALL	PUT/ DSCRETN	
ALLIANCE FINL CORP		019205103	1566	57901	SH		SOLE
ALLIANCE FINL CORP		019205103	108	4000	SH		DEFINED
ALLSTATE CORP	COM	020002101	1	44	SH		SOLE
ALLSTATE CORP	COM	020002101	1	25	SH		DEFINED
ALTERA CORP	COM	021441100	8	395	SH		SOLE
ALTERA CORP	COM	021441100	1	25	SH		DEFINED
ALTRIA GROUP INC	COM	02209S103	449	25205	SH		SOLE
ALTRIA GROUP INC	COM	02209S103	27	1500	SH		DEFINED
AMAZON COM INC	COM	023135106	0	2	SH		DEFINED

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AMERICAN EXPRESS CO	COM	025816109	350	10335	SH	SOLE
AMERICAN EXPRESS CO	COM	025816109	169	5000	SH	DEFINED
AMERICAN TOWER CORP		029912201	0	12	SH	DEFINED
AMERIPRISE FINL INC COM		03076C106	39	1075	SH	SOLE
AMGEN INC	COM	031162100	2305	38275	SH	SOLE
AMGEN INC	COM	031162100	9	150	SH	DEFINED
AMYLIN PHARMACEUTICALS INC		032346108	1	100	SH	SOLE
ANADARKO PETE CORP	COM	032511107	209	3325	SH	SOLE
ANADARKO PETE CORP	COM	032511107	100	1600	SH	DEFINED
AON CORP	COM	037389103	49	1200	SH	DEFINED
APACHE CORP		037411105	2284	24872	SH	SOLE
APACHE CORP		037411105	24	259	SH	DEFINED
APOLLO GROUP INC	CL A	037604105	83	1120	SH	SOLE
APPLE INC COM	COM	037833100	1905	10277	SH	SOLE
APPLE INC COM	COM	037833100	13	70	SH	DEFINED
APPLIED MATLS INC	COM	038222105	7	500	SH	SOLE
AQUA AMER INC		03836W103	9	500	SH	SOLE
ARCELORMITTAL SA LUXEMBOURG NY REGISTRY SHS		03938L104	1	23	SH	DEFINED
ARCH COAL INC		039380100	1	50	SH	SOLE
ARCHER DANIELS MIDLAND CO	COM	039483102	40	1375	SH	SOLE
ARCHER DANIELS MIDLAND CO	COM	039483102	1	40	SH	DEFINED
AUTOMATIC DATA PROCESSING		053015103	180	4585	SH	SOLE
AUTOMATIC DATA PROCESSING		053015103	59	1500	SH	DEFINED
AVON PRODS INC	COM	054303102	2070	60982	SH	SOLE
AVON PRODS INC	COM	054303102	15	450	SH	DEFINED

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NAME OF ISSUER	TITLE OF CLASS	CUSIP	FORM 13F INFORMATION TABLE					O
			VALUE (X\$1000)	SHARES/ PRN AMT	SH/ PRN	PUT/ CALL	INVSTMT DSCRETN	
AXCELIS TECHNOLOGIES INC	COM	054540109	1	471	SH	SOLE		
BB&T CORP	COM	054937107	1	30	SH	DEFINED		
BCE INC COM NEW		05534B760	0	300	SH	SOLE		
BP AMOCO P L C	SPONSORED ADR	055622104	317	5955	SH	SOLE		
BP AMOCO P L C	SPONSORED ADR	055622104	155	2915	SH	DEFINED		
BMC SOFTWARE INC		055921100	167	4450	SH	SOLE		
BAKER HUGHES INC	COM	057224107	1189	27875	SH	SOLE		
BAKER HUGHES INC	COM	057224107	35	825	SH	DEFINED		
BALL CORP	COM	058498106	57	1150	SH	SOLE		
BANK OF AMERICA CORPORATION	COM	060505104	457	26999	SH	SOLE		
BANK OF AMERICA CORPORATION	COM	060505104	69	4110	SH	DEFINED		
BANK NEW YORK MELLON CORP	COM	064058100	208	7166	SH	SOLE		
BANK NEW YORK MELLON CORP	COM	064058100	58	2007	SH	DEFINED		
IPATH DOW JONES INDX T/R	UBS CMDT ETN36 - ETF	06738C778	392	10164	SH	SOLE		
BARRICK GOLD CORP	COM ADR	067901108	22	586	SH	SOLE		
BAXTER INTL INC	COM	071813109	1941	34049	SH	SOLE		
BAXTER INTL INC	COM	071813109	9	157	SH	DEFINED		
BEMIS INC	COM	081437105	58	2255	SH	SOLE		
BERKSHIRE HATHAWAY INC DEL	CL A	084670108	101	1	SH	SOLE		
BERKSHIRE HATHAWAY INC DEL	CL B	084670207	33	10	SH	SOLE		
BHP BILLITON LIMITED		088606108	37	564	SH	SOLE		
BIG LOTS INC		089302103	110	4415	SH	SOLE		
BIOGEN IDEC INC		09062X103	187	3700	SH	SOLE		

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BLACK & DECKER CORP	COM	091797100	33	710	SH	DEFINED
BOEING CO	COM	097023105	81	1500	SH	SOLE
BRISTOL MYERS SQUIBB CO	COM	110122108	139	6160	SH	SOLE
BRISTOL MYERS SQUIBB CO	COM	110122108	68	3000	SH	DEFINED
BROADCOM CORP	CL A	111320107	27	896	SH	SOLE
BROWN FORMAN CORP	CL B	115637209	121	2500	SH	DEFINED
BURLINGTON NORTHN SANTA FE	CCOM	12189T104	386	4835	SH	SOLE
CBS CORP NEW CL B		124857202	10	835	SH	DEFINED
CF INDS HLDGS INC	COM	125269100	136	1580	SH	SOLE
CIGNA CORP	COM	125509109	44	1560	SH	SOLE

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NAME OF ISSUER	TITLE OF CLASS	CUSIP	FORM 13F INFORMATION TABLE				O
			VALUE (X\$1000)	SHARES/ PRN AMT	SH/ PRN CALL	PUT/ INVSTMT DSCRETN	
CME GROUP INC COM		12572Q105	1	4	SH	DEFINED	
CNA FINANCIAL CORP		126117100	14	600	SH	SOLE	
CVS/CAREMARK CORP	COM	126650100	266	7445	SH	SOLE	
CA INC COM		12673P105	159	7245	SH	SOLE	
CAMERON INTERENATIONAL CORP		13342B105	1	20	SH	DEFINED	
CAMPBELL SOUP CO	COM	134429109	10	300	SH	SOLE	
CAMPBELL SOUP CO	COM	134429109	42	1300	SH	DEFINED	
CAPITAL ONE FINANCIAL CORP		14040H105	145	4050	SH	SOLE	
CAPITAL ONE FINANCIAL CORP		14040H105	1	40	SH	DEFINED	
CARDINAL HEALTH INC	COM	14149Y108	18	675	SH	SOLE	
CAREFUSION CORP		14170T101	7	337	SH	SOLE	
CATERPILLAR INC DEL	COM	149123101	308	6000	SH	SOLE	
CATERPILLAR INC DEL	COM	149123101	27	530	SH	DEFINED	
CELGENE CORP		151020104	1	24	SH	DEFINED	
CENTURYTEL INC	COM	156700106	70	2080	SH	SOLE	
CHESAPEAKE ENERGY CORP		165167107	81	2850	SH	SOLE	
CHEVRON CORPORATION NEW		166764100	3436	48788	SH	SOLE	
CHEVRON CORPORATION NEW		166764100	159	2260	SH	DEFINED	
CHUBB CORP	COM	171232101	659	13070	SH	SOLE	
CHUBB CORP	COM	171232101	30	600	SH	DEFINED	
CIMAREX ENERGY CO		171798101	0	10	SH	DEFINED	
CISCO SYS INC	COM	17275R102	2415	102622	SH	SOLE	
CISCO SYS INC	COM	17275R102	110	4660	SH	DEFINED	
CITIGROUP INC		172967101	71	14645	SH	SOLE	
CLOROX CO DEL	COM	189054109	100	1700	SH	SOLE	
CLOROX CO DEL	COM	189054109	71	1200	SH	DEFINED	
COCA COLA CO	COM	191216100	1562	29083	SH	SOLE	
COCA COLA CO	COM	191216100	102	1900	SH	DEFINED	
COCA COLA ENTERPRISES INC	COM	191219104	90	4215	SH	SOLE	
COGNIZANT TECHNOLOGY SOL		192446102	1154	29850	SH	SOLE	
COGNIZANT TECHNOLOGY SOL		192446102	5	125	SH	DEFINED	
COLGATE PALMOLIVE CO	COM	194162103	153	2005	SH	DEFINED	
COMCAST CORP NEW CL A		20030N101	255	15109	SH	SOLE	
COMCAST CORP NEW CL A		20030N101	23	1356	SH	DEFINED	

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			VALUE (X\$1000)	SHARES/ PRN AMT	SH/ PRN	PUT/ CALL	INVSTMT DSCRETN	
COMCAST CORP NEW		20030N200	24	1500	SH		DEFINED	
COMMERCIAL METALS CO	COM	201723103	7	390	SH		SOLE	
COMPANHIA PARANAENSE ENERGY		20441B407	9	500	SH		SOLE	
COMPUTER SCIENCES CORP	COM	205363104	257	4875	SH		SOLE	
COMPUWARE CORP		205638109	51	7000	SH		SOLE	
CONAGRA FOODS INC	COM	205887102	35	1600	SH		SOLE	
CONOCOPHILLIPS		20825C104	198	4380	SH		SOLE	
CONSOLIDATED EDISON INC		209115104	43	1055	SH		SOLE	
CORN PRODS INTL INC	COM	219023108	4	150	SH		SOLE	
CORNING INC	COM	219350105	42	2750	SH		SOLE	
CORNING INC	COM	219350105	2	100	SH		DEFINED	
COSTCO WHSL CORP NEW	COM	22160K105	373	6620	SH		SOLE	
COSTCO WHSL CORP NEW	COM	22160K105	63	1124	SH		DEFINED	
CREDIT SUISSE GROUP	SPONSORED ADR	225401108	1	12	SH		DEFINED	
CUTERA INC		232109108	4	500	SH		SOLE	
DR HORTON INC		23331A109	86	7520	SH		SOLE	
DR HORTON INC		23331A109	0	40	SH		DEFINED	
DANAHER CORP DEL	COM	235851102	1	17	SH		DEFINED	
DEAN FOODS CO NEW	COM	242370104	54	3055	SH		SOLE	
DEERE & CO	COM	244199105	86	2000	SH		DEFINED	
DEL MONTE FOODS		24522P103	1	89	SH		SOLE	
DELL INC		24702R101	1	90	SH		DEFINED	
DENTSPLY INTL INC NEW	COM	249030107	10	300	SH		SOLE	
DEVON ENERGY CORP NEW	COM	25179M103	2	30	SH		DEFINED	
DISNEY WALT CO	COM DISNEY	254687106	2177	79329	SH		SOLE	
DISNEY WALT CO	COM DISNEY	254687106	59	2163	SH		DEFINED	
DISCOVER FINANCIAL SERVICES		254709108	139	8590	SH		SOLE	
DOMINION RES INC VA NEW	COM	25746U109	40	1168	SH		SOLE	
DONNELLEY R R & SONS CO	COM	257867101	54	2520	SH		SOLE	
DOVER CORP	COM	260003108	115	2955	SH		SOLE	
DOW CHEM CO	COM	260543103	31	1200	SH		SOLE	
DUPONT E I DE NEMOURS & CO	COM	263534109	275	8562	SH		SOLE	
DUPONT E I DE NEMOURS & CO	COM	263534109	47	1465	SH		DEFINED	

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			VALUE (X\$1000)	SHARES/ PRN AMT	SH/ PRN	PUT/ CALL	INVSTMT DSCRETN	
DUKE ENERGY HOLDING CORP	COM	26441C105	61	3889	SH		SOLE	
DUKE ENERGY HOLDING CORP	COM	26441C105	39	2500	SH		DEFINED	
E M C CORP MASS	COM	268648102	247	14479	SH		SOLE	
E M C CORP MASS	COM	268648102	1	45	SH		DEFINED	
ENSCO INTERNATIONAL		26874Q100	38	905	SH		SOLE	

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ENSCO INTERNATIONAL		26874Q100	0	11	SH	DEFINED
EOG RES INC	COM	26875P101	1	10	SH	DEFINED
EASTMAN CHEM CO	COM	277432100	11	211	SH	SOLE
EASTMAN CHEM CO	COM	277432100	1	10	SH	DEFINED
EASTMAN KODAK CO	COM	277461109	4	754	SH	SOLE
EATON VANCE CORP COM		278058102	57	1000	SH	SOLE
EATON VANCE CORP COM		278058102	74	1300	SH	DEFINED
EBAY INC	COM	278642103	37	1565	SH	SOLE
ECOLAB INC	COM	278865100	31	675	SH	SOLE
EL PASO ENERGY CORP DEL	COM	28336L109	7	644	SH	SOLE
EMERSON ELEC CO	COM	291011104	2547	63558	SH	SOLE
EMERSON ELEC CO	COM	291011104	39	979	SH	DEFINED
ENBRIDGE ENERGY PART LP COM		29250R106	7	150	SH	SOLE
ENERGY CONVERSION DEV INC		292659109	1	100	SH	SOLE
ENTERGY CORP NEW	COM	29364G103	34	430	SH	SOLE
EXELON CORP	COM	30161N101	2590	52212	SH	SOLE
EXELON CORP	COM	30161N101	27	550	SH	DEFINED
EXPEDITORS INTL WASH INC	COM	302130109	14	400	SH	SOLE
EXPRESS SCRIPTS INC	COM	302182100	224	2885	SH	SOLE
EXXON MOBIL CORP	COM	30231G102	6614	96400	SH	SOLE
EXXON MOBIL CORP	COM	30231G102	1169	17033	SH	DEFINED
FPL GROUP INC	COM	302571104	22	400	SH	SOLE
FAIRPOINT COMMUNICATIONS INCCOM		305560104	0	93	SH	SOLE
FAMILY DLR STORES INC		307000109	37	1405	SH	SOLE
FEDERATED INV INC		314211103	109	4125	SH	SOLE
FEDEX CORP		31428X106	51	675	SH	SOLE
FEDEX CORP		31428X106	0	5	SH	DEFINED
FIFTH THIRD BANCORP	COM	316773100	17	1687	SH	SOLE

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NAME OF ISSUER	TITLE OF CLASS	CUSIP	FORM 13F INFORMATION TABLE					O
			VALUE (X\$1000)	SHARES/ PRN AMT	SH/ PRN	PUT/ CALL	INVSTMT DSCRETN	
FIRST NIAGARA FINL INC		33582V108	12	1011	SH		SOLE	
FIRSTENERGY CORP	COM	337932107	103	2256	SH		SOLE	
FLUOR CORP NEW	COM	343412102	22	430	SH		SOLE	
FORD MOTOR CO		345370860	47	6500	SH		SOLE	
FOREST LABS INC	COM	345838106	86	2920	SH		SOLE	
FORTUNE BRANDS INC	COM	349631101	10	240	SH		SOLE	
FRANKLIN RESOURCES INC.		354613101	1	5	SH		DEFINED	
FREEMONT MCMORAN COPPER	& GOLD INC COM	35671D857	1	21	SH		DEFINED	
GAMESTOP CORP NEW	CL A	36467W109	14	525	SH		SOLE	
GANNETT INC	COM	364730101	7	580	SH		SOLE	
GANNETT INC	COM	364730101	30	2400	SH		DEFINED	
GENERAL DYNAMICS CORP	COM	369550108	227	3515	SH		SOLE	
GENERAL ELECTRIC CO	COM	369604103	4588	279587	SH		SOLE	
GENERAL ELECTRIC CO	COM	369604103	157	9575	SH		DEFINED	
GENERAL MLS INC	COM	370334104	27	415	SH		SOLE	
GENERAL MLS INC	COM	370334104	97	1504	SH		DEFINED	
GENUINE PARTS CO	COM	372460105	53	1405	SH		SOLE	
GENUINE PARTS CO	COM	372460105	57	1500	SH		DEFINED	
GENWORTH FINANCIAL INC		37247D106	84	7055	SH		SOLE	
GENZYME CORP COM		372917104	9	150	SH		SOLE	

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GILEAD SCIENCES INC	COM	375558103	1031	22175	SH	SOLE
GILEAD SCIENCES INC	COM	375558103	3	55	SH	DEFINED
GLAXO HOLDINGS PLC SPONSORED ADR		37733W105	4	100	SH	SOLE
GLAXO HOLDINGS PLC SPONSORED ADR		37733W105	0	12	SH	DEFINED
GOLDMAN SACHS GROUP INC	COM	38141G104	2742	14874	SH	SOLE
GOLDMAN SACHS GROUP INC	COM	38141G104	29	158	SH	DEFINED
GOODRICH CORP		382388106	6	110	SH	SOLE
GOOGLE INC		38259P508	161	325	SH	SOLE
GOOGLE INC		38259P508	4	8	SH	DEFINED
GRAINGER W W INC	COM	384802104	197	2200	SH	SOLE
GRANITE CONSTRUCTION		387328107	12	400	SH	SOLE
GREAT PLAINS ENERGY INC	COM	391164100	9	500	SH	SOLE
HCP INC		40414L109	21	725	SH	SOLE

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							FORM 13F INFORMATION TABLE				
NAME OF ISSUER	TITLE OF CLASS	CUSIP	VALUE (X\$1000)	SHARES/ PRN AMT	SH/ PRN CALL	PUT/ CALL	INVSTMT DSCRETN				
HALLIBURTON CO	COM	406216101	11	400	SH		SOLE				
HARLEY DAVIDSON INC	COM	412822108	12	500	SH		DEFINED				
HARLEYSVILLE NATIONAL CORP		412850109	13	2383	SH		SOLE				
HARRIS CORP		413875105	153	4075	SH		SOLE				
HASBRO INC	COM	418056107	46	1645	SH		SOLE				
HASBRO INC	COM	418056107	69	2500	SH		DEFINED				
HEINZ H J CO	COM	423074103	40	1000	SH		SOLE				
HERSHEY CO COM		427866108	52	1350	SH		SOLE				
HERSHEY CO COM		427866108	78	2000	SH		DEFINED				
HESS CORP COM		42809H107	80	1500	SH		DEFINED				
HEWLETT PACKARD CO	COM	428236103	3427	72599	SH		SOLE				
HEWLETT PACKARD CO	COM	428236103	149	3152	SH		DEFINED				
HOME DEPOT INC	COM	437076102	153	5735	SH		SOLE				
HOME DEPOT INC	COM	437076102	107	4035	SH		DEFINED				
HONEYWELL INTL INC	COM	438516106	237	6390	SH		SOLE				
HOSPITALITY PROPERTIES	TRUST	44106M102	24	1170	SH		SOLE				
HUDSON CITY BANCORP	COM	443683107	100	7595	SH		SOLE				
HUMANA INC	COM	444859102	91	2450	SH		SOLE				
ITT CORPORATION		450911102	5	100	SH		SOLE				
IDACORP INC	COM	451107106	9	300	SH		SOLE				
ILLINOIS TOOL WKS INC	COM	452308109	1387	32489	SH		SOLE				
ILLINOIS TOOL WKS INC	COM	452308109	77	1799	SH		DEFINED				
INTEL CORP	COM	458140100	2649	135406	SH		SOLE				
INTEL CORP	COM	458140100	138	7030	SH		DEFINED				
INTEGRYS ENERGY GROUP INC	COM	45822P105	11	300	SH		SOLE				
INTERNATIONAL BUSINESS MACHS COM		459200101	3968	33174	SH		SOLE				
INTERNATIONAL BUSINESS MACHS COM		459200101	132	1100	SH		DEFINED				
INTERNATIONAL FLAVORS&FRAGRACOM		459506101	11	300	SH		SOLE				
INTERNATIONAL FLAVORS&FRAGRACOM		459506101	38	1000	SH		DEFINED				
INTERNATIONAL PAPER CO	COM	460146103	47	2110	SH		DEFINED				
INTERPUBLIC GROUP COS INC	COM	460690100	53	7080	SH		SOLE				
ISHARES S & P GLOBAL	COMMM INDEX ETF	46428R107	6425	216490	SH		SOLE				
ISHARES S & P GLOBAL	COMMM INDEX ETF	46428R107	26	875	SH		DEFINED				

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			VALUE (X\$1000)	SHARES/ PRN AMT	SH/ PRN	PUT/ CALL	INVSTMT DSCRETN	
ISHARES INC ETF		464286665	40	975	SH		SOLE	
ISHARES BARCLAYS TIPS BOND FUND -ETF		464287176	51	500	SH		SOLE	
ISHARES TR	FTSE XNHUA IDX - ETF	464287184	4	100	SH		SOLE	
ISHARES S&P 500 INDX FD-ETF		464287200	90	850	SH		SOLE	
ISHARES MSCI EMERG MKTS-ETF		464287234	7244	186225	SH		SOLE	
ISHARES MSCI EMERG MKTS-ETF		464287234	23	600	SH		DEFINED	
ISHARES BARCLAYS 7-10YR TSY BOND FD - ETF		464287440	64	694	SH		SOLE	
ISHARES TR MSCI EAFE IDX ETFADR		464287465	34802	636464	SH		SOLE	
ISHARES TR MSCI EAFE IDX ETFADR		464287465	191	3500	SH		DEFINED	
ISHARES RUSSELL MIDCAP VAL FUND -ETF		464287473	138	3900	SH		SOLE	
ISHS TR S&P MIDCAP 400 - ETF		464287507	18546	268973	SH		SOLE	
ISHS TR S&P MIDCAP 400 - ETF		464287507	114	1650	SH		DEFINED	
ISHARES TR RUSSELL 2000 VALUE INDEX - ETF		464287630	762	13500	SH		SOLE	
ISHARES RUSSELL 2000 GRWTH INDX FD - ETF		464287648	10624	162403	SH		SOLE	
ISHARES RUSSELL 2000 GRWTH INDX FD - ETF		464287648	67	1025	SH		DEFINED	
ISHS TR SMALLCAP 600 ETF		464287804	241	4611	SH		SOLE	
ISHS BARCLAYS 1-3 CREDIT-ETF		464288646	150	1435	SH		SOLE	
ISHARES MSCI EAFE GR INX-ETF		464288885	1404	26315	SH		SOLE	
J P MORGAN CHASE & CO		46625H100	1598	36475	SH		SOLE	
J P MORGAN CHASE & CO		46625H100	159	3629	SH		DEFINED	
JOHNSON & JOHNSON	COM	478160104	3995	65628	SH		SOLE	
JOHNSON & JOHNSON	COM	478160104	337	5535	SH		DEFINED	
JOHNSON CTLS INC	COM	478366107	1	23	SH		DEFINED	
KLA-TENCOR CORP		482480100	0	8	SH		DEFINED	
KB HOME	COM	48666K109	58	3510	SH		SOLE	
KELLOGG CO	COM	487836108	42	854	SH		SOLE	
KIMBERLY CLARK CORP	COM	494368103	22	375	SH		SOLE	
KIMBERLY CLARK CORP	COM	494368103	59	1000	SH		DEFINED	
KINDER MORGAN ENERGY PARTNER LTD PARTNER		494550106	99	1826	SH		SOLE	
KOHL'S CORP	COM	500255104	2	30	SH		DEFINED	
KONINKLIJKE PHILIPS ELECTRS NV SP ADR		500472303	27	1101	SH		SOLE	
KRAFT FOODS INC	CL A	50075N104	50	1895	SH		SOLE	
KRAFT FOODS INC	CL A	50075N104	11	415	SH		DEFINED	

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NAME OF ISSUER	TITLE OF CLASS	CUSIP	FORM 13F INFORMATION TABLE					O
			VALUE (X\$1000)	SHARES/ PRN AMT	SH/ PRN	PUT/ CALL	INVSTMT DSCRETN	
KROGER CO	COM	501044101	25	1214	SH		SOLE	
L-3 COMMUNICATIONS HLDGS INCCOM		502424104	146	1820	SH		SOLE	
LABORATORY CORP AMER HLDGS	COM NEW	50540R409	189	2875	SH		SOLE	

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LANCASTER COLONY CORP	COM	513847103	54	1050	SH	SOLE
LEGGETT & PLATT INC	COM	524660107	31	1600	SH	SOLE
LILLY ELI & CO	COM	532457108	35	1056	SH	SOLE
LINCOLN NATL CORP IND	COM	534187109	1	20	SH	DEFINED
LOCKHEED MARTIN CORP	COM	539830109	437	5594	SH	SOLE
LOWES COS INC	COM	548661107	1084	51775	SH	SOLE
LOWES COS INC	COM	548661107	7	337	SH	DEFINED
M&T BANK CORPORATION		55261F104	78	1255	SH	SOLE
MACYS INC COM		55616P104	16	868	SH	DEFINED
MANULIFE FINL CORP COM		56501R106	30	1412	SH	SOLE
MARATHON OIL CORP		565849106	108	3400	SH	DEFINED
MARKETS VECTORS ETF TR		57060U407	8	320	SH	SOLE
MARSH & MCLENNAN COS INC	COM	571748102	37	1500	SH	DEFINED
MARSHALL & ILSLEY CORP NEW		571837103	24	3000	SH	SOLE
MARRIOTT INTL INC NEW CLA		571903202	93	3353	SH	SOLE
MARRIOTT INTL INC NEW CLA		571903202	100	3626	SH	DEFINED
MASCO CORPORATION		574599106	0	35	SH	DEFINED
MCCORMICK & CO INC	COM NON VTG	579780206	102	3000	SH	DEFINED
MCDONALDS CORP	COM	580135101	2976	52156	SH	SOLE
MCDONALDS CORP	COM	580135101	147	2580	SH	DEFINED
MCGRAW HILL COS INC	COM	580645109	70	2780	SH	SOLE
MCKESSON CORPORATION	COM	58155Q103	78	1315	SH	SOLE
MEADWESTVACO CORP		583334107	7	311	SH	SOLE
MEDCO HEALTH SOLUTIONS	INC	58405U102	194	3512	SH	SOLE
MEDCO HEALTH SOLUTIONS	INC	58405U102	1	15	SH	DEFINED
MEDTRONIC INC	COM	585055106	2256	61313	SH	SOLE
MEDTRONIC INC	COM	585055106	40	1075	SH	DEFINED
MERCK & CO INC	COM	589331107	265	8390	SH	SOLE
MERCK & CO INC	COM	589331107	51	1615	SH	DEFINED
METLIFE INC	COM	59156R108	2423	63655	SH	SOLE
METLIFE INC	COM	59156R108	14	380	SH	DEFINED

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NAME OF ISSUER	TITLE OF CLASS	CUSIP	FORM 13F INFORMATION TABLE				O
			VALUE (X\$1000)	SHARES/ PRN AMT	SH/ PRN CALL	PUT/ INVSTMT DSCRETN	
MICROSOFT CORP	COM	594918104	2811	109332	SH	SOLE	
MICROSOFT CORP	COM	594918104	93	3635	SH	DEFINED	
MICROCHIP TECHNOLOGY INC	COM	595017104	2374	89601	SH	SOLE	
MICROCHIP TECHNOLOGY INC	COM	595017104	43	1625	SH	DEFINED	
MILLIPORE CORP		601073109	14	200	SH	SOLE	
MOLSON COORS BREWING	CO CL B	60871R209	216	4430	SH	SOLE	
MONSANTO CO (NEW)		61166W101	4	50	SH	SOLE	
MORGAN STANLEY	DISCOVER & CO	617446448	39	1260	SH	SOLE	
MORGAN STANLEY	DISCOVER & CO	617446448	38	1226	SH	DEFINED	
MOSAIC COMPANY		61945A107	19	400	SH	DEFINED	
MOTOROLA INC	COM	620076109	2	200	SH	DEFINED	
MURPHY OIL CORP	COM	626717102	2	40	SH	SOLE	
MYLAN INC	COM	628530107	7	450	SH	SOLE	
NBT BANCORP INC	COM	628778102	367	16309	SH	SOLE	
N V R INC		62944T105	1	1	SH	DEFINED	
NATIONAL OILWELL VARCO INC		637071101	231	5355	SH	SOLE	
NATIONAL OILWELL VARCO INC		637071101	0	8	SH	DEFINED	



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NATURAL RESOURCE PARTNERS LP		63900P103	25	1200	SH	SOLE
NEWELL RUBBERMAID INC COM		651229106	60	3800	SH	DEFINED
NEWS CORP CL A		65248E104	3	210	SH	DEFINED
NEXEN INC	COM	65334H102	1	40	SH	DEFINED
NICOR INC		654086107	53	1460	SH	SOLE
NIKE INC	CL B	654106103	2325	35930	SH	SOLE
NIKE INC	CL B	654106103	13	200	SH	DEFINED
NOKIA CORP PFD SPONS ADR		654902204	3	200	SH	SOLE
NOKIA CORP PFD SPONS ADR		654902204	38	2600	SH	DEFINED
NOBLE ENERGY INC		655044105	12	175	SH	SOLE
NORFOLK SOUTHERN CORP	COM	655844108	74	1713	SH	SOLE
NORTHROP GRUMMAN CORP COM		666807102	322	6221	SH	SOLE
NORTHROP GRUMMAN CORP COM		666807102	1	25	SH	DEFINED
NUCOR CORP	COM	670346105	141	3000	SH	SOLE
OCCIDENTAL PETE CORP DEL	COM	674599105	94	1195	SH	SOLE
OCCIDENTAL PETE CORP DEL	COM	674599105	2	28	SH	DEFINED

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		FORM 13F INFORMATION TABLE						
NAME OF ISSUER	TITLE OF CLASS	CUSIP	VALUE (X\$1000)	SHARES/ PRN AMT	SH/ PRN	PUT/ CALL	INVSTMT DSCRETN	O MA
OMNICOM GROUP INC	COM	681919106	69	1865	SH		SOLE	
ORACLE CORP	COM	68389X105	1679	80559	SH		SOLE	
ORACLE CORP	COM	68389X105	20	950	SH		DEFINED	
OTTER TAIL CORPORATION		689648103	7	300	SH		SOLE	
PG&E CORP	COM	69331C108	27	655	SH		SOLE	
PNC FINL SVCS GROUP INC	COM	693475105	1523	31349	SH		SOLE	
PNC FINL SVCS GROUP INC	COM	693475105	83	1709	SH		DEFINED	
PPG INDS INC	COM	693506107	41	700	SH		SOLE	
PACTIV CORP	COM	695257105	213	8170	SH		SOLE	
PALL CORP	COM	696429307	3	100	SH		SOLE	
PALL CORP	COM	696429307	65	2000	SH		DEFINED	
PARKER HANNIFIN CORP	COM	701094104	110	2119	SH		SOLE	
PAYCHEX INC	COM	704326107	43	1495	SH		SOLE	
PEABODY ENERGY CORP		704549104	6	160	SH		SOLE	
PENNEY J C INC	COM	708160106	1	20	SH		DEFINED	
PEPSI BOTTLING GROUP INC	COM	713409100	59	1615	SH		SOLE	
PEPSICO INC	COM	713448108	2522	43004	SH		SOLE	
PEPSICO INC	COM	713448108	137	2344	SH		DEFINED	
PETROLEO BRASILEIRO SA		71654V408	0	4	SH		DEFINED	
PFIZER INC	COM	717081103	2259	136565	SH		SOLE	
PFIZER INC	COM	717081103	156	9462	SH		DEFINED	
PHILIP MORRIS INTERNATIONAL INC COM		718172109	151	3105	SH		SOLE	
PHILIP MORRIS INTERNATIONAL INC COM		718172109	50	1025	SH		DEFINED	
PINNACLE WEST CAP CORP	COM	723484101	21	630	SH		SOLE	
PITNEY BOWES INC	COM	724479100	93	3730	SH		SOLE	
POWERSHARES WILDERHILL	CLEAN ENERGY - ETF	73935X500	7	600	SH		SOLE	
PRAXAIR INC	COM	74005P104	44	534	SH		SOLE	
PRECISION CASTPARTS CORP		740189105	1390	13649	SH		SOLE	
PROCTER & GAMBLE CO	COM	742718109	3601	62167	SH		SOLE	
PROCTER & GAMBLE CO	COM	742718109	201	3474	SH		DEFINED	
PROGRESS ENERGY INC	COM	743263105	77	1980	SH		SOLE	
PROGRESSIVE CORP		743315103	72	4320	SH		SOLE	

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PRUDENTIAL FINANCIAL INC COM 744320102 55 1094 SH SOLE

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							FORM 13F INFORMATION TABLE				
NAME OF ISSUER	TITLE OF CLASS	CUSIP	VALUE (X\$1000)	SHARES/ PRN AMT	SH/ PRN CALL	PUT/ CALL	INVTMT DSCRETN				
PUBLIC SVC ENTERPRISE GROUP	COM	744573106	18	580	SH		SOLE				
PULTE CORP	COM	745867101	1	50	SH		SOLE				
PULTE CORP	COM	745867101	0	35	SH		DEFINED				
QLOGIC CORP	COM	747277101	125	7260	SH		SOLE				
QUALCOMM INC	COM	747525103	75	1664	SH		SOLE				
QUALCOMM INC	COM	747525103	2	50	SH		DEFINED				
QUANTA SERVICES INC.		74762E102	0	19	SH		DEFINED				
QUEST DIAGNOSTICS INC	COM	74834L100	3	48	SH		SOLE				
QUESTAR CORP	COM	748356102	76	2025	SH		SOLE				
QWEST COMM INTL INC		749121109	7	1825	SH		SOLE				
QWEST COMM INTL INC		749121109	38	10000	SH		DEFINED				
RRI ENERGY INC		74971X107	0	70	SH		DEFINED				
RADIOSHACK CCORP		750438103	40	2430	SH		SOLE				
RAYTHEON CO CLASS B	COM	755111507	206	4285	SH		SOLE				
REGIONS FINL CORP NEW		7591EP100	1	85	SH		DEFINED				
REYNOLDS AMERN INC		761713106	49	1105	SH		SOLE				
RIO TINTO PLC SPON ADR		767204100	0	2	SH		DEFINED				
ROCKWELL INTL CORP NEW	COM	773903109	26	600	SH		SOLE				
ROCKWELL INTL CORP NEW	COM	773903109	21	500	SH		DEFINED				
ROCKWELL COLLINS INC	COM	774341101	30	600	SH		SOLE				
ROPER INDUSTRIES INC. NEW		776696106	5	100	SH		SOLE				
ROYAL BK SCOTLAND GROUP	PLC	780097796	5	441	SH		SOLE				
ROYAL DUTCH PETE CO		780259206	240	4205	SH		SOLE				
SPX CORP	COM	784635104	0	8	SH		DEFINED				
SCHERING PLOUGH CORP	COM	806605101	23	800	SH		SOLE				
SCHERING PLOUGH CORP	COM	806605101	2	60	SH		DEFINED				
SCHLUMBERGER LTD	COM	806857108	2425	40689	SH		SOLE				
SCHLUMBERGER LTD	COM	806857108	253	4240	SH		DEFINED				
SELECTIVE INS GRP INC	C/C	816300107	23	1438	SH		SOLE				
SENECA FOODS CORP NEW	CL B	817070105	11	400	SH		SOLE				
SENECA FOODS CORP NEW	CL A	817070501	11	400	SH		SOLE				
SHERWIN WILLIAMS CO	COM	824348106	195	3240	SH		SOLE				
SIGMA ALDRICH CORP	COM	826552101	2367	43853	SH		SOLE				
SIGMA ALDRICH CORP	COM	826552101	23	425	SH		DEFINED				

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							FORM 13F INFORMATION TABLE				
NAME OF ISSUER	TITLE OF CLASS	CUSIP	VALUE (X\$1000)	SHARES/ PRN AMT	SH/ PRN CALL	PUT/ CALL	INVTMT DSCRETN				

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SIMON PPTY GROUP INC NEW		828806109	25	363 SH	SOLE
SIMON PPTY GROUP INC NEW		828806109	81	1165 SH	DEFINED
SIRIUS XM RADIO INC COM		82967N108	1	1920 SH	SOLE
SKYWORKS SOLUTIONS INC		83088M102	3	210 SH	SOLE
SMITHFIELD FOODS INC		832248108	0	30 SH	DEFINED
SOUTHERN COMPANY		842587107	1127	35601 SH	SOLE
SOUTHERN COMPANY		842587107	6	200 SH	DEFINED
SOUTHERN COPPER CORP		84265V105	32	1035 SH	SOLE
SOUTHWEST AIRLS CO	COM	844741108	48	5000 SH	DEFINED
SPECTRA ENERGY CORP COM		847560109	117	6200 SH	SOLE
SPECTRA ENERGY CORP COM		847560109	24	1250 SH	DEFINED
SPRINT NEXTEL CORP		852061100	7	1750 SH	SOLE
SPRINT NEXTEL CORP		852061100	11	2825 SH	DEFINED
STANLEY WORKS COMMON		854616109	31	725 SH	SOLE
STAPLES INC	COM	855030102	84	3640 SH	SOLE
STAPLES INC	COM	855030102	35	1500 SH	DEFINED
STATE STREET CORP	COM	857477103	1025	19500 SH	SOLE
STATE STREET CORP	COM	857477103	83	1575 SH	DEFINED
STRYKER CORP		863667101	9	200 SH	SOLE
STRYKER CORP		863667101	45	1000 SH	DEFINED
SUFFOLK BANCORP	COM	864739107	96	3244 SH	SOLE
SUN MICROSYSTEMS INC		866810203	2	187 SH	SOLE
SUNOCO INC		86764P109	49	1735 SH	SOLE
SUNTRUST BANKS INC	COM	867914103	16	700 SH	SOLE
SUNTRUST BANKS INC	COM	867914103	18	800 SH	DEFINED
SUPERVALU INC	COM	868536103	2	163 SH	SOLE
SWISS HELVETIA FUND INC		870875101	5	400 SH	SOLE
SYMANTEC CORP	COM	871503108	1	65 SH	DEFINED
SYSCO CORP	COM	871829107	1220	49134 SH	SOLE
SYSCO CORP	COM	871829107	4	150 SH	DEFINED
TECO ENERGY INC		872375100	10	700 SH	SOLE
TEPPCO PARTNERS LP		872384102	17	500 SH	SOLE
TJX COS INC NEW	COM	872540109	33	890 SH	SOLE

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NAME OF ISSUER	TITLE OF CLASS	CUSIP	FORM 13F INFORMATION TABLE					O
			VALUE (X\$1000)	SHARES/ PRN AMT	SH/ PRN	PUT/ CALL	INVTMT DSCRETN	
TAIWAN SEMICONDUCTOR ADR		874039100	0	30 SH			DEFINED	
TARGET CORP	COM	87612E106	266	5696 SH			SOLE	
TARGET CORP	COM	87612E106	19	408 SH			DEFINED	
TESORO CORP		881609101	31	2040 SH			SOLE	
TEVA PHARMA INDS ADR		881624209	7	145 SH			SOLE	
TEVA PHARMA INDS ADR		881624209	2	32 SH			DEFINED	
TEXAS INSTRS INC	COM	882508104	1202	50751 SH			SOLE	
TEXAS INSTRS INC	COM	882508104	39	1650 SH			DEFINED	
THERMO FISHER SCIENTIFIC INCCOM		883556102	65	1500 SH			DEFINED	
3M COMPANY COM		88579Y101	261	3539 SH			SOLE	
3M COMPANY COM		88579Y101	133	1800 SH			DEFINED	
TIME WARNER INC NEW COM NEW		887317303	70	2418 SH			DEFINED	
TIME WARNER CABLE INC COM		88732J207	46	1060 SH			SOLE	
TIME WARNER CABLE INC COM		88732J207	2	49 SH			DEFINED	

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TOMPKINS FINANCIAL CORP		890110109	31039	710271	SH	SOLE
TOMPKINS FINANCIAL CORP		890110109	2406	55065	SH	DEFINED
TORCHMARK CORP	COM	891027104	61	1400	SH	SOLE
TRAVELERS COS INC COM		89417E109	139	2815	SH	SOLE
TRAVELERS COS INC COM		89417E109	65	1316	SH	DEFINED
TUPPERWARE BRANDS CORP	COM	899896104	21	525	SH	SOLE
US BANCORP DEL	COM NEW	902973304	157	7190	SH	SOLE
US BANCORP DEL	COM NEW	902973304	2	75	SH	DEFINED
UNILEVER PLC AMER SHS ADR		904767704	40	1405	SH	SOLE
UNILEVER N V	N Y SHS NEW	904784709	84	2921	SH	SOLE
UNION PAC CORP	COM	907818108	29	500	SH	SOLE
UNION PAC CORP	COM	907818108	117	2005	SH	DEFINED
UNITED PARCEL SERVICE INC	CL B	911312106	161	2850	SH	SOLE
UNITED PARCEL SERVICE INC	CL B	911312106	29	505	SH	DEFINED
USX-U S STL	COM	912909108	9	195	SH	SOLE
UNITED TECHNOLOGIES CORP	COM	913017109	2296	37681	SH	SOLE
UNITED TECHNOLOGIES CORP	COM	913017109	26	430	SH	DEFINED
UNITEDHEALTH GROUP INC		91324P102	122	4865	SH	SOLE
UNIVERSAL DISPLAY CORP	COM	91347P105	12	1000	SH	SOLE

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		FORM 13F INFORMATION TABLE						
NAME OF ISSUER	TITLE OF CLASS	CUSIP	VALUE (X\$1000)	SHARES/ PRN AMT	SH/ PRN	PUT/ CALL	INVSTMT DSCRETN	O MA
UNUMPROVIDENT CORP	COM	91529Y106	133	6210	SH		SOLE	
UNUMPROVIDENT CORP	COM	91529Y106	1	25	SH		DEFINED	
V F CORP	COM	918204108	58	800	SH		SOLE	
VALERO ENERGY CORP NEW	COM	91913Y100	82	4245	SH		SOLE	
VALERO ENERGY CORP NEW	COM	91913Y100	2	95	SH		DEFINED	
VANGUARD INTL EQUITY	INDEX - ETF	922042858	833	21630	SH		SOLE	
VECTREN CORP COM		92240G101	27	1170	SH		SOLE	
VANGUARD INDEX FDS	REIT ETF	922908553	7243	174737	SH		SOLE	
VANGUARD INDEX FDS	REIT ETF	922908553	29	700	SH		DEFINED	
VANGUARD MID CAP ETF		922908629	139	2441	SH		SOLE	
VANGUARD EXTD MKT INDEX -ETF		922908652	27	651	SH		SOLE	
VANGUARD SMALL CAP ETF		922908751	150	2693	SH		SOLE	
VERIZON COMMUNICATIONS	COM	92343V104	1815	59950	SH		SOLE	
VERIZON COMMUNICATIONS	COM	92343V104	6	200	SH		DEFINED	
VIACOM INC NEW CL B		92553P201	62	2205	SH		SOLE	
VIACOM INC NEW CL B		92553P201	22	780	SH		DEFINED	
VISA INC	COM CL A	92826C839	1	11	SH		DEFINED	
VODAFONE GROUP PLC NEW		92857W209	62	2760	SH		SOLE	
VODAFONE GROUP PLC NEW		92857W209	1	35	SH		DEFINED	
VOLTERRA SEMICONDUCTER CORP		928708106	23	1250	SH		SOLE	
W.P. CAREY & CO LLC		92930Y107	11	405	SH		SOLE	
WALMART STORES INC	COM	931142103	2496	50841	SH		SOLE	
WALMART STORES INC	COM	931142103	45	913	SH		DEFINED	
WALGREEN CO	COM	931422109	159	4250	SH		SOLE	
WASTE MGMT INC DEL	COM	94106L109	37	1225	SH		DEFINED	
WATSON PHARMACEUTICALS INC	COM	942683103	182	4970	SH		SOLE	
WELLPOINT INC COM		94973V107	282	5945	SH		SOLE	
WELLS FARGO & CO NEW	COM	949746101	4533	160878	SH		SOLE	
WELLS FARGO & CO NEW	COM	949746101	199	7066	SH		DEFINED	

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WENDYS INTERNATIONAL	950587105	24	5070 SH	SOLE
WESTERN DIGITAL CORP	958102105	1	22 SH	DEFINED
WEYERHAEUSER CO	962166104	37	1000 SH	DEFINED
WINDSTREAM CORP	97381W104	4	413 SH	SOLE

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NAME OF ISSUER	TITLE OF CLASS	CUSIP	FORM 13F INFORMATION TABLE				O
			VALUE (X\$1000)	SHARES/ PRN AMT	SH/ PRN CALL	PUT/ DSCRETN	
WYETH	COM	983024100	181	3734 SH		SOLE	
WYETH	COM	983024100	170	3507 SH		DEFINED	
XTO ENERGY CORP	COM	98385X106	23	564 SH		SOLE	
XCEL ENERGY INC		98389B100	12	600 SH		SOLE	
XEROX CORP	COM	984121103	12	1556 SH		SOLE	
GRAND TOTALS			272556	6499938			

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